



Trauma-Informed Primary Care (TIPC) Implementation Advisory Committee

Virtual Meeting



June 16, 2020



Welcome

Dr. Nadine Burke Harris, MD, MPH

California Surgeon General, Office of the California Surgeon General

Dr. Karen Mark, MD, PhD, MPH

Medical Director, Department of Health Care Services



Meeting Objectives



- Discuss ACEs Aware in the context of current challenges facing Californians:
 - COVID-19
 - Racial inequities
- Provide an update on the ACEs Aware budget.
- Highlight resources to help providers and families mitigate the impacts of toxic stress.
- Get TIPC feedback on additional strategies.
- Provide updates on the ACEs Aware Initiative.





ACEs Aware Budget – May Revision Proposal

ACEs Aware Budget: May Revision Proposal

Due to the significant budget deficit, the May Revision proposes to reduce Proposition 56 funding for ACE screenings and ACE trainings for Fiscal Year (FY) 2020-21:

ACEs Provider Payments	ACEs Training
The May Revision proposes \$21.6 million total funds in FY 2020-21 for provider payments for ACE screenings, a reduction of \$16.1 million total funds from the \$37.7 million total funds proposed in the January 2020 budget	The May Revision proposes \$20 million total funds in FY 2020-21 for ACE training, a reduction of \$40 million total funds from the \$60 million total funds proposed in the January 2020 budget



ACEs Aware Budget: May Revision Proposal



- Eliminates the proposal in the Governor's January budget to add \$10 million one-time General Fund expenditure in Fiscal Year (FY) 2020-21 for the Office of the California Surgeon General for cross sector training for Government Workers, Educators, Early Childhood, Law Enforcement and a public awareness campaign.
- Precision Medicine program – The Office of Planning and Research will retain \$9.8 million for research related to Adverse Childhood Experiences. The Request for Proposals (RFP) is in process.





ACEs Aware Community Grant Awards

Community Grant Awards Summary

- Nearly **300** organizations submitted applications
- **150 ACEs Aware grants awarded to 100 organizations** – for a total of **\$14.3 million**.
- Funding for the ACEs Aware grants was previously authorized in the Fiscal Year 2019-20 budget;
 - State budget crisis required us to reduce the number of grant awards and budgets.
- Convenings and Provider Training Event grants eliminated or repurposed due to COVID-19.
- The grant review process took into account the prevalence of ACEs among the residents of each community, as well as the percentage of residents enrolled in Medi-Cal, in order to ensure that the funding is most effectively targeted.



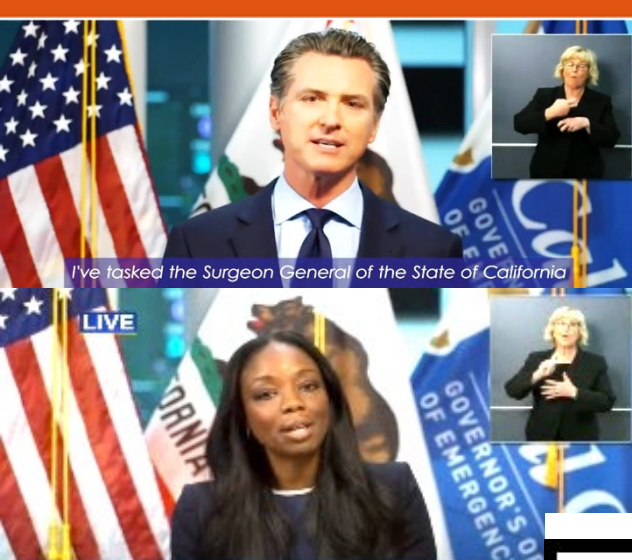
Community Grant Awards Summary

Provider Training	Provider Engagement
<p>31 grants to help educate Medi-Cal providers about the importance of incorporating ACE screening into their clinical practice.</p> <ul style="list-style-type: none">○ Five grants will support organizations in adapting existing or developing new trainings to meet DHCS/CA-OSG “core training” criteria to certify providers to receive Medi-Cal payment for ACE screening; and○ 26 provider training grants to support the development of “supplemental” trainings to augment the reach of ACEs Aware.	<p>83 grants will supplement and promote ACEs Aware activities.</p> <ul style="list-style-type: none">○ 22 organizations received grants to conduct provider engagement to build networks of care;○ 15 organizations will develop peer-to-peer learning strategies;○ 24 organizations will focus on broad-based provider engagement; and○ 22 organizations will develop white papers highlighting best practices, lessons learned, and promising implementation strategies around ACE screening and trauma-informed systems of care.
Communications	
<p>36 grants will supplement ACEs Aware activities by reaching organization members and other key audiences with information about provider training and engagement opportunities.</p>	





ACEs Aware COVID-19 Response



The San Diego Voice & Viewpoint

"A People Without a Voice Cannot be Heard"

The Black Community, COVID-19 & Trauma

May 17, 2020



California Surgeon General: Keep Your Stress in Check During COVID-19 Crisis

April 14, 2020 / Health

The Sacramento Observer

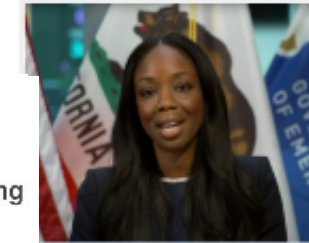
The African American Online Source For California's Capital City

Dr. Nadine Burke-Harris Shares Concerns About The Impact COVID-19 Is Having On Blacks

April 17, 2020 by Corina Serron



As a pandemic sheds a spotlight on long-standing health inequities for African Americans, California's surgeon general looks to find lasting solutions.



Nadine Burke-Harris joined Gov. Newsom for first time last week to announce a number of

Dr. Nadine Burke-Harris was named to the new position created by Gov. Gavin Newsom in January 2019. She is an African American politician, entrepreneur and nonprofit CEO from San Francisco, where she founded the Center for Youth Wellness in the predominantly Black Bayview-Hunter's Point area. She's known nationally for work and research around health equity, early childhood and adverse childhood experiences, and toxic stress. She lists these as her top three priorities as surgeon general.



Mashable

What's happening in the world is out of your control. These 7 strategies will help you feel better.

KNX10.70 NEWSRADIO

NEWS April 25, 2020

How Stress and Immune Response Are Related

extra



kerrywashington



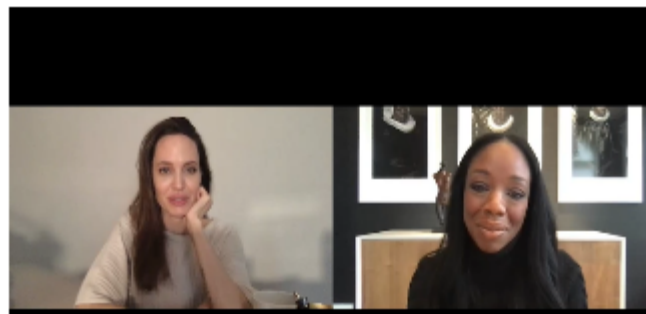
kerrywashington





TIME

Children Seem to Be Less Vulnerable to the Coronavirus. Here's How the Pandemic May Still Put Them at Risk



CNN For some kids, the effects of this pandemic will last forever

Los Angeles Times

We need to prepare for the mental health effects of coronavirus on kids



Helping kids through the coronavirus crisis

9 things children need from caregivers to survive the crisis

By Lisa Tolin



The New York Times

How to Keep Children's Stress From Turning Into Trauma

Parents can help children use the stress of coronavirus shutdowns as an opportunity for growth, experts say.



KQED



How To Support Our Kids During COVID-19 (with Dr. Nadine Burke Harris)

Good Kids: Stay At Home Edition

Parenting




[Listen on Apple Podcasts](#)



LOOK FOR HEADACHES, STOMACHACHES
DIFFICULTY SLEEPING

ACEs Aware COVID-19 Response: Activities & Resources

State of California—Health and Human Services Agency
Department of Health Care Services and Office of the Surgeon General

BRADLEY P. GILBERT, MD, MPH
DIRECTOR

Nadine Burke Harris, MD, MPH
SURGEON GENERAL

GAVIN NEWSOM
GOVERNOR

DATE: APRIL 7, 2020

ALL PLAN LETTER 20-008

TO: ALL MEDI-CAL MANAGED CARE HEALTH PLANS

SUBJECT: MITIGATING HEALTH IMPACTS OF SECONDARY STRESS DUE TO THE COVID-19 EMERGENCY

PURPOSE:
The purpose of this All Plan Letter (APL) is to offer recommendations to Medi-Cal managed care health plans (MCPs) on mitigating negative health outcomes to members due to the Novel Coronavirus Disease (COVID-19) emergency.

BACKGROUND:
The Department of Health Care Services (DHCS) is actively monitoring the evolving COVID-19 situation, and is taking proactive steps to lessen the immediate impacts of COVID-19 on its health care systems and communities. DHCS also recognizes the importance of providing critical information to all Californians to help address and wherever possible, mitigate the secondary health effects of this pandemic. While Californians have come together to practice physical distancing to slow the spread of COVID-19, public anxiety regarding COVID-19, compounded by the economic distress due to lost wages, employment, and financial assets; mass school closures; and necessary physical distancing measures can result in an increase in stress-related morbidity and mortality. Widespread communicable disease outbreaks, such as COVID-19, natural disasters, economic downturns, and other crises result in well documented, short- and long-term physical and mental health impacts, including increased cardiovascular, metabolic, immunologic, and neuropsychiatric risk. These impacts result from:

- Disruption of access to care, including preventive care and medications;
- Disruption of access to resources needed for health maintenance such as nutritious foods and safe places to exercise; and
- Overactivity of the biological stress response, resulting in neurologic, endocrine, and immunologic dysregulation, also known as the toxic stress response.¹

¹ More information on toxic stress response is located at the Adverse Childhood Experiences (ACEs) website: <https://www.acesaware.org/treat/the-science-of-aces-toxic-stress/>.

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1501 Capitol Avenue, P.O. Box 957413, MS 4410
Sacramento, CA 95899-7413
Phone (916) 449-5000 Fax (916) 449-5005
www.dhcs.ca.gov

- **All Plan Letter (APL) - [APL# 20-008 Mitigating Secondary Health Effects - Managed Care](https://www.dhcs.ca.gov/Documents/COVID-19/APL-20-008-Mitigating-Secondary-Effects-COVID-19.pdf)**. <https://www.dhcs.ca.gov/Documents/COVID-19/APL-20-008-Mitigating-Secondary-Effects-COVID-19.pdf>
- **All Plan Letter (APL) – [APL# 20-014 Mitigating Negative Health Outcomes due to COVID-19](http://www.dmhc.ca.gov/Portals/0/Docs/DO/APL20-014-MitigatingNegativeOutcomes-4-7-2020.pdf)**. <http://www.dmhc.ca.gov/Portals/0/Docs/DO/APL20-014-MitigatingNegativeOutcomes-4-7-2020.pdf>
- **Guidance for FFS Providers – [Mitigating Secondary Health Effects - Fee-For-Service Providers](https://www.dhcs.ca.gov/Documents/COVID-19/ACES-COVID-19-FFS.pdf)**. <https://www.dhcs.ca.gov/Documents/COVID-19/ACES-COVID-19-FFS.pdf>
- **[Question/Answer](https://www.dhcs.ca.gov/Documents/COVID-19/Telehealth%20Other%20Virtual%20Telephonic%20Communications%20V3.0.pdf) on billing Medi-Cal for ACE screenings conducted via telehealth**. [https://www.dhcs.ca.gov/Documents/COVID-19/Telehealth Other Virtual Telephonic Communications V3.0.pdf](https://www.dhcs.ca.gov/Documents/COVID-19/Telehealth%20Other%20Virtual%20Telephonic%20Communications%20V3.0.pdf)



ACEs Aware COVID-19 Response: Activities & Resources



California Surgeon General's Playbooks: Stress Relief during COVID-19.

- For adults to help them manage their own stress; and
- For families and caregivers to help kids manage stress.

<https://covid19.ca.gov/manage-stress-for-health/>

Emotional health resources, including hotlines:

<https://covid19.ca.gov/resources-for-emotional-support-and-well-being/>



ACEs Aware COVID-19 Response: Activities & Resources



March – “Taking Care of Our Patients, Our Teams, and Ourselves: Trauma-Informed Practices to Address Stress Related to COVID-19”



April – “Building Trauma-Informed Connections via Telehealth During COVID-19”



May – “Primary Care & Telehealth Strategies for Addressing the Secondary Health Effects of COVID-19”

**Register for webinars
and find
webinar recordings at:**

[www.acesaware.org/
educational-events](http://www.acesaware.org/educational-events)





ACEs Aware COVID-19 Response: **Learn/Act/Integrate** Campaign

ACEs Aware COVID-19 Response: Learn/Act/Integrate Campaign

- Key Messages Aligning ACEs Aware & COVID-19
- Provider Micro-Campaign Structure & Tactics

Learn	Act	Integrate
Science of Toxic Stress	Trauma-Informed Care & Provider Self-Care	Sustained Clinical Practice



ACEs Aware COVID-19 Response: Micro-Campaigns

Learn	Understand that the COVID-19 emergency is a stressor with short-and long-term health effects , and individuals with ACEs and/or existing health conditions are especially vulnerable.
Act	<ul style="list-style-type: none">○ Apply the principles of trauma-informed care to help their patients, including enhancing evidence-based buffering and protective factors to mitigate the secondary health impacts of the COVID-19 emergency.○ Use and adapt buffering interventions to support provider self-care during the COVID-19 response and encourage providers to share those tools with their teams.
Integrate	Support providers in bringing their new knowledge about the secondary health effects of the COVID-19 emergency (including expected increase in ACEs and increased morbidity and mortality) and about how to respond with disaster-responsive, evidence-based trauma-informed care into sustained practice . (This will include a deeper dive into the initial messaging from the LEARN campaign and focus on changing clinical practice.)



Tactics

Thought Leadership	Provider Engagement	Partner Engagement
<ul style="list-style-type: none">○ Op-Eds○ Video○ ACEs Connection blogs, etc.	<ul style="list-style-type: none">○ Webinars○ Provider Voices○ Social Media Campaign○ Clinical Implementation	<ul style="list-style-type: none">○ Collaboration○ Leveraging Partner Content○ Leveraging Partner Channels



Health Equity

ACEs Aware is strategizing on how to deepen and strengthen our emphasis on health equity.

Some options include:

- Development of health equity briefs to ensure Medi-Cal providers are knowledgeable about the specific ACEs-informed healthcare needs of **communities disproportionately impacted by health disparities**. The health equity briefs could address:
 - Population-specific considerations related to ACEs and toxic stress;
 - Clinical considerations specific to addressing ACEs/Toxic Stress in this population (e.g., opportunities and barriers to health care for this population).
- Incorporation of an equity theme into ACEs Aware materials and projects, such as the monthly provider education webinar series.

Large Group Discussion

ACEs Aware COVID-19 Response: Discussion Questions

- What are you, your providers, or your organizations seeing now in terms of secondary health impacts of the COVID-19 emergency?
- How do you suggest we advance the ACEs Aware initiative in terms of provider training, screening for ACEs and toxic stress and responding with trauma-informed care, now and in the future?
- Does your organization have a strategy to address disparities and health inequities?
- Given the state's budget constraints and the potential impact on the ACEs Aware movement, where should we direct our more limited resources to sustain the momentum of the initiative and how can ACEs Aware support you, your providers, and your organizations during this time?



California ACEs Learning and Quality Improvement Collaborative (CALQIC)

Edward Machtinger, MD

CALQIC Co-Director

Director of the Center to Advance Trauma-informed Health Care (CTHC)

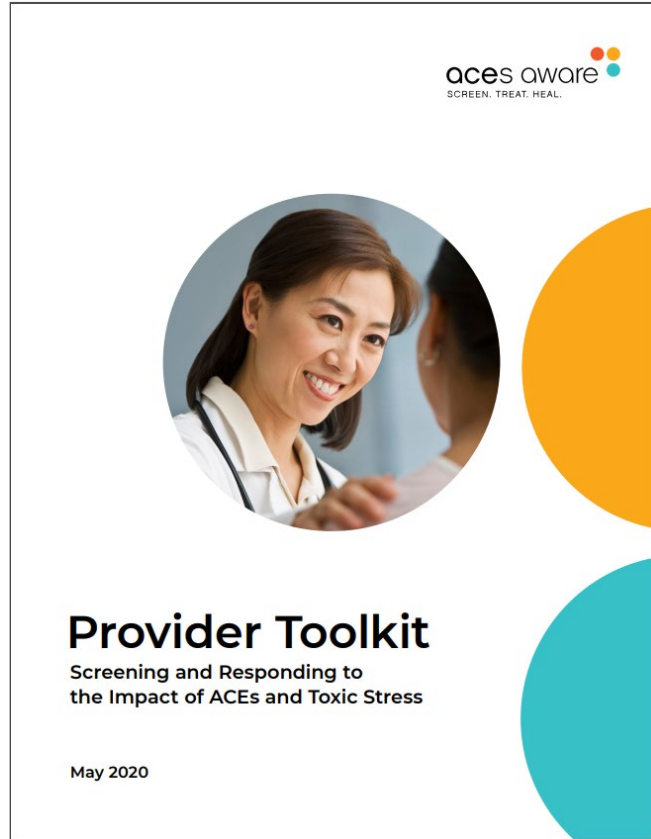
University of California, San Francisco (UCSF)





ACEs Aware Initiative Updates

ACEs Aware Initiative Updates



- Provider Toolkit is now available – [See ACEs Aware Provider Toolkit](#)
- List of Providers Eligible for Medi-Cal Payment for ACE Screening Released – See [ACEs Aware Website](#)
- Translated PEARLS and Adult ACEs Screening Tools – Now available in 17 languages – [See ACEs Aware Screening Tools](#)



ACEs Aware Initiative Updates

Adverse Childhood Experiences (ACEs) Provider Training Attestation

WARNING: This is a State of California computer system that is for official use by authorized users and is subject to being monitored and result in administrative disciplinary action and/or civil and criminal penalties. By continuing to use this system you indicate your awareness in this warning.

This form is for providers to self-attest that they have completed a certified core ACEs Aware provider training. Beginning July 1, 2020, we will maintain a list of providers who have self-attested to their completion of the training and Medi-Cal Managed Care Plans will have access to this information.

A list of certified core ACEs Aware provider trainings is available here: <https://www.acesaware.org/screen/provider-training/>. For more information, please visit the website.

ACEs Provider Training Attestation

* Do you attest that you have completed a certified core Adverse Childhood Experiences (ACEs) provider training?

☐ Yes

Provider Information

These fields will be used to verify providers' identities and will not be shared publicly.

* National Provider Identifier	* Taxpayer Identification Number	
<input type="text"/>	<input type="text"/>	
* National Provider Identifier confirm	* Taxpayer Identification Number confirm	
<input type="text"/>	<input type="text"/>	
* First Name	Middle Initial	* Last Name
<input type="text"/>	<input type="text"/>	<input type="text"/>

- **July 1 Attestation Deadline:** Beginning July 1, 2020, Medi-Cal providers must self-attest to completing certified ACEs training on the DHCS website to continue receiving payment.
 - Social Media & Provider Outreach Campaign
- DHCS is maintaining a list of providers who have self-attested to their completion of the training and is sharing this information with Medi-Cal managed care plans.
- **ACEs Aware Quarterly Data Report:** Data report to be released by DHCS in Fall 2020; timing and content dependent on availability of data.



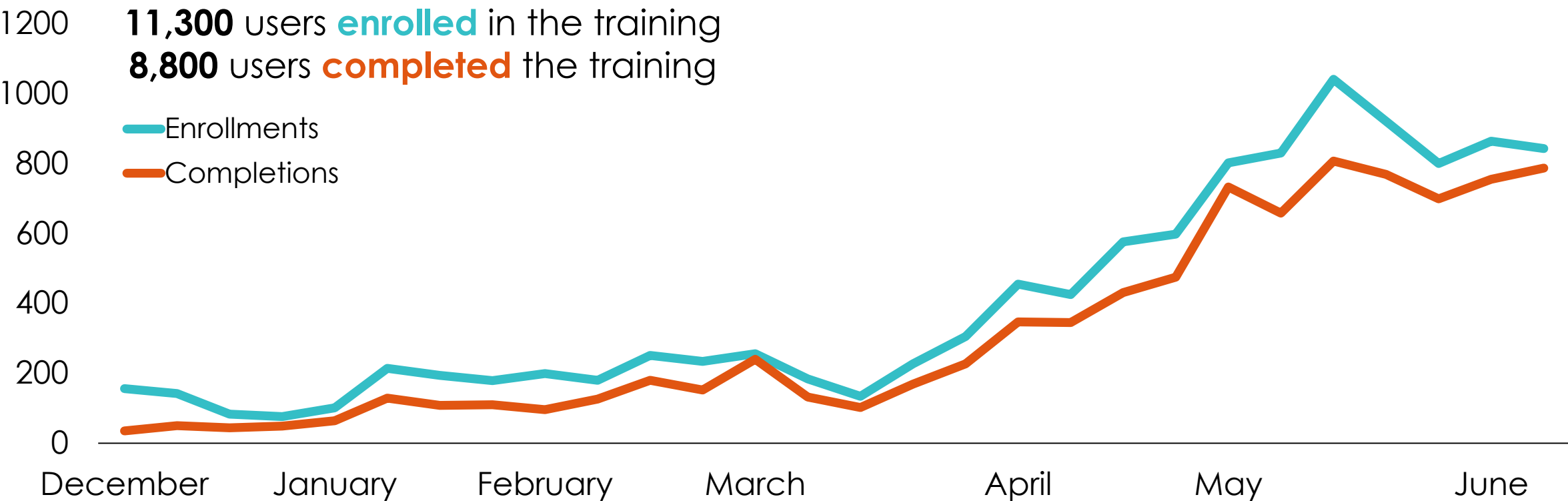
ACEs Aware Initiative Updates

DHCS has identified **47,000 active Medi-Cal primary care providers** for ACEs Aware to target to complete a certified ACEs Aware training:

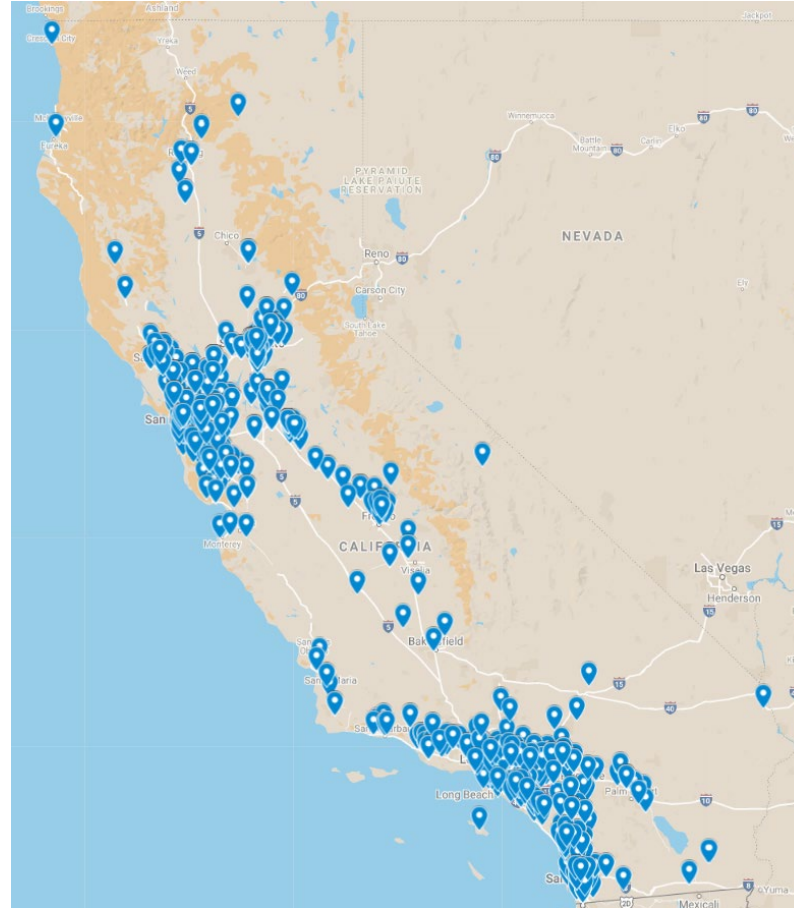
Includes the following PCPs:	Excludes
<ul style="list-style-type: none">○ Family Medicine Physicians (General, Adolescent, and Adult Medicine)○ Pediatric Physicians (General and Adolescent Medicine)○ Internal Medicine Physicians (General and Adolescent Medicine)○ Obstetrics & Gynecology Physicians○ Nurse Practitioners (in relevant specialties)○ Physician Assistants○ Certified and Licensed Nurse Midwives	<ul style="list-style-type: none">○ Providers that have submitted less than 10 outpatient claims in the last year.○ Duplicated providers in the fee-for-service and managed care provider lists.○ Out of state providers.



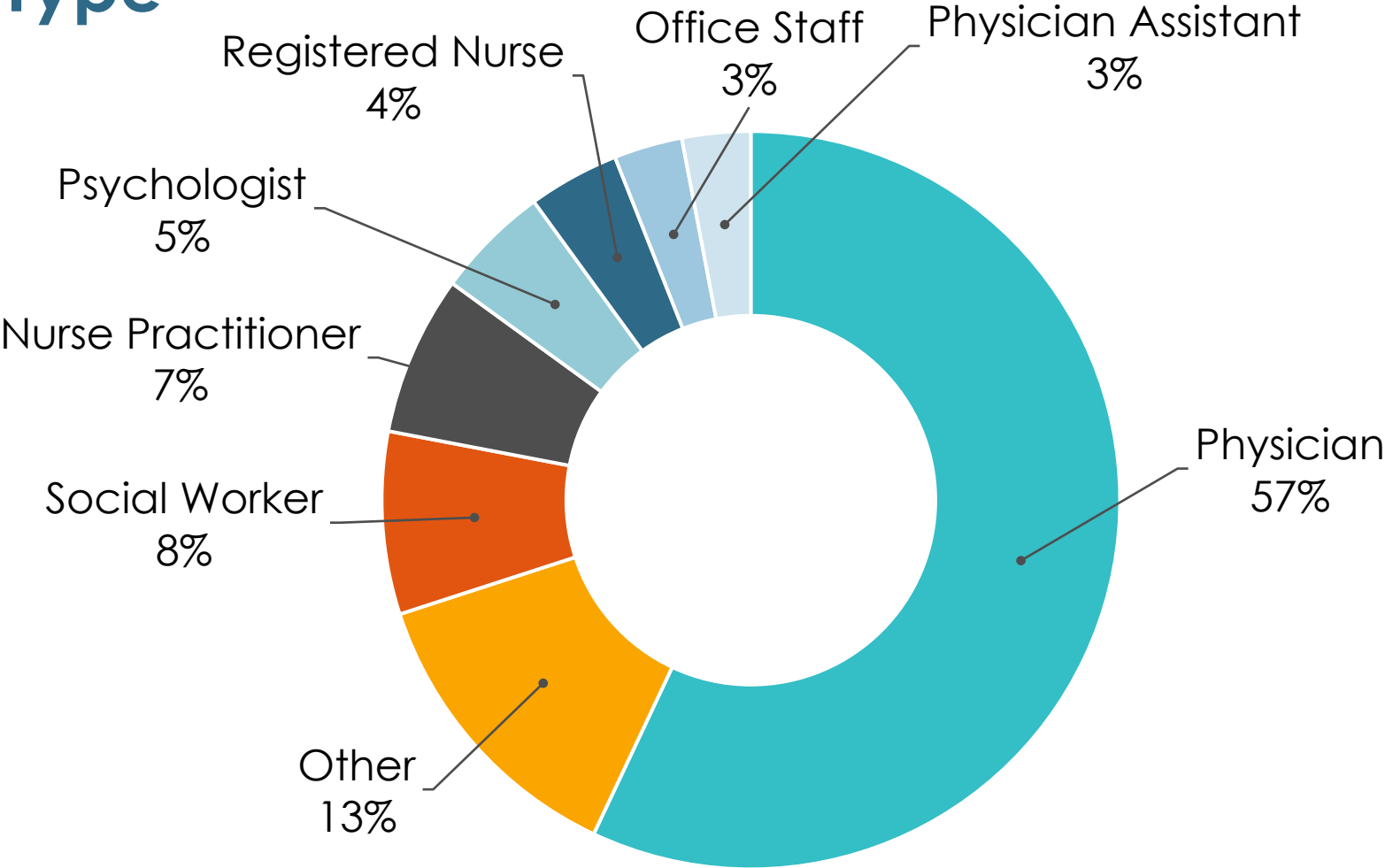
Becoming ACEs Aware Course Enrollments & Completions To Date



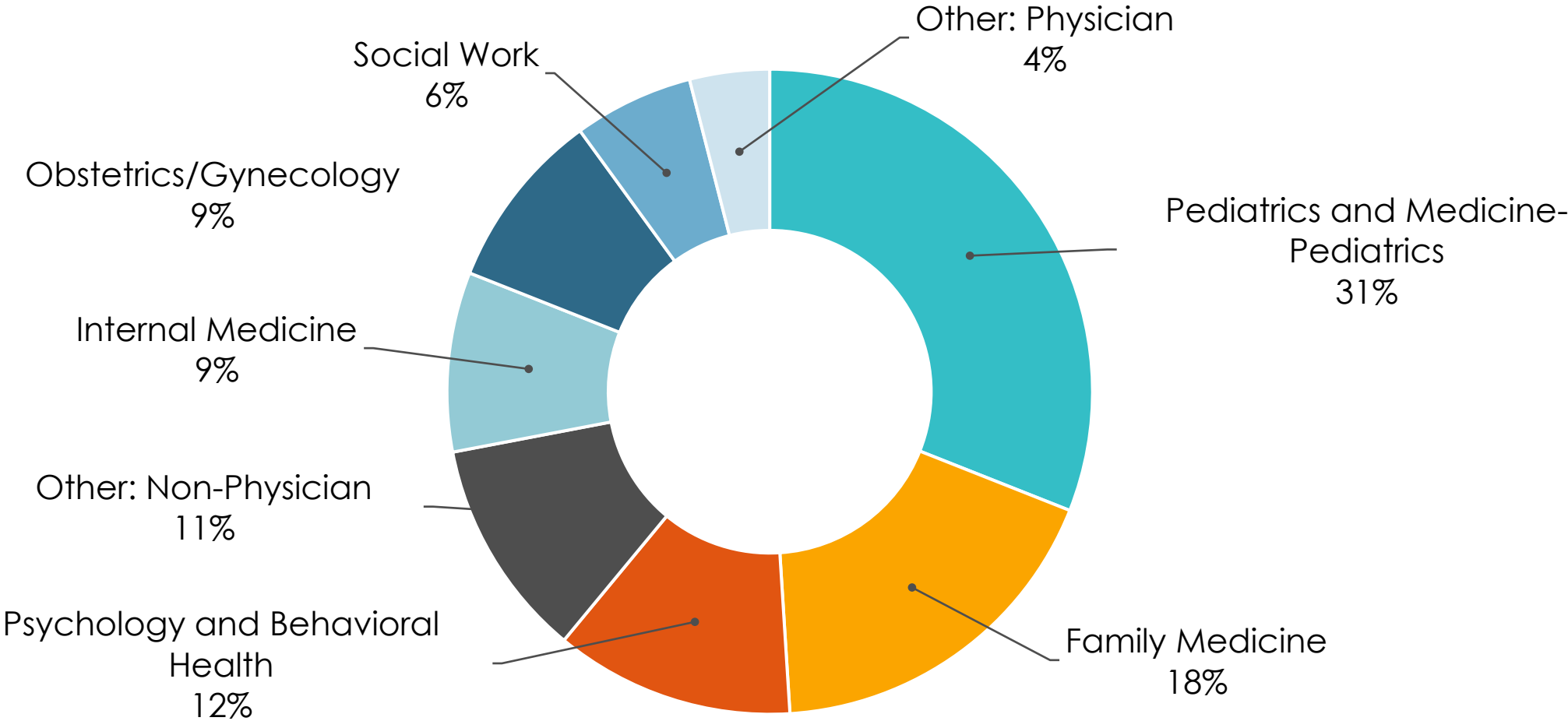
Providers that Have Completed the Training by Location



Provider Type

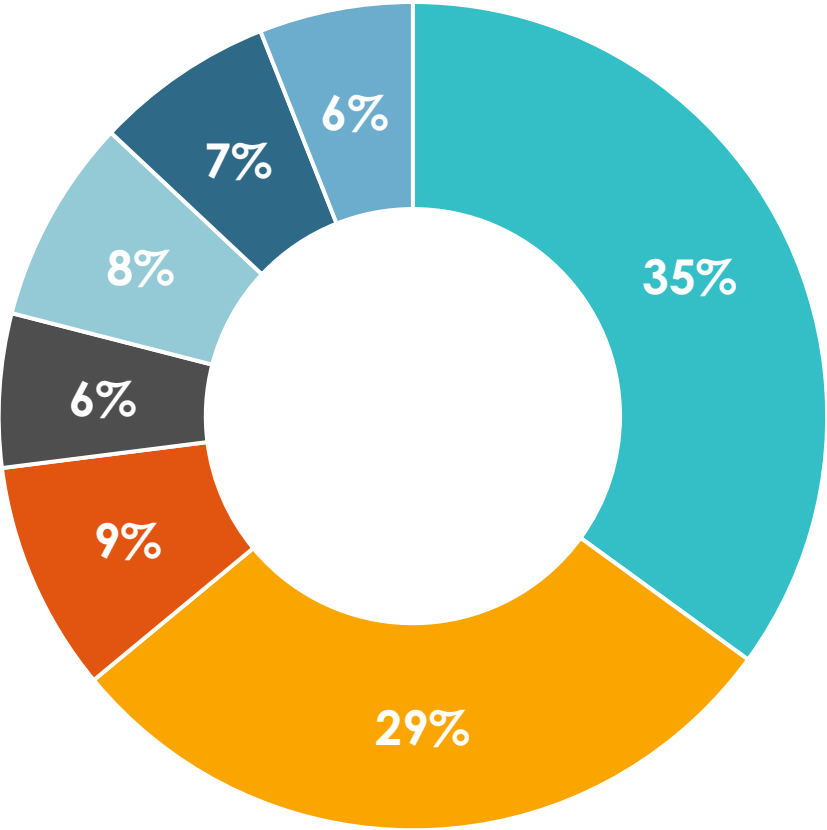


Provider Specialty



Patients Screened for ACEs by Providers

Percentage of Patients Screened for ACEs	Results
0%	35%
1-25%	29%
26-50%	9%
51-75%	6%
76-100%	8%
100%	7%
I do not directly provide care	6%



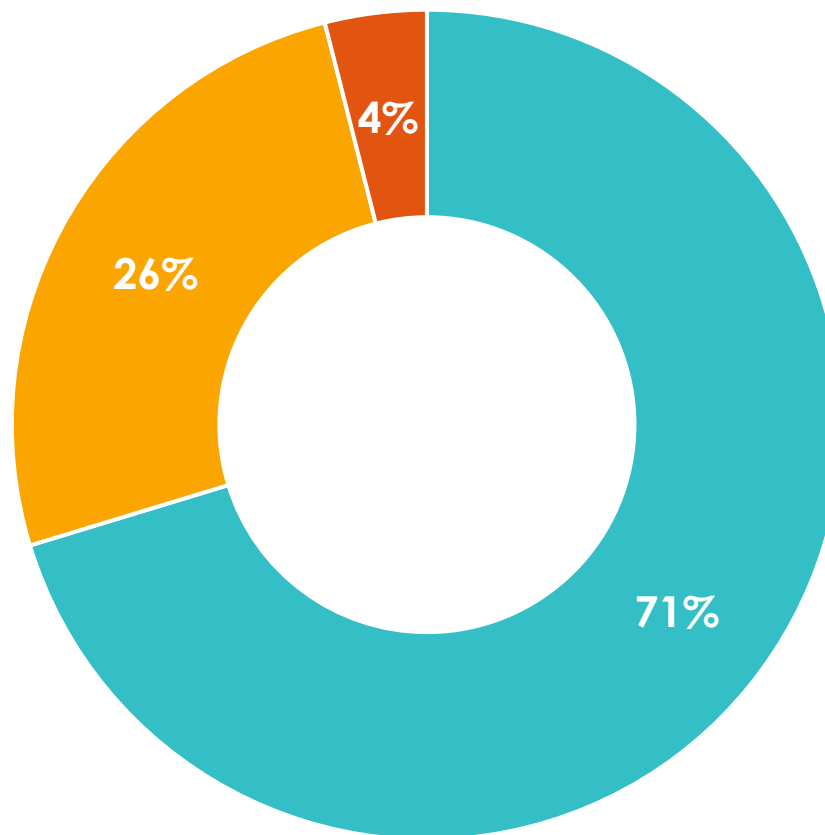
- 0%
- 1-25%
- 26-50%
- 51-75%
- 76-100%
- 100%
- I do not directly provide care



Change of Practice Behaviors

71% of users who completed the training reported they plan to implement changes in their practice based on the information provided.

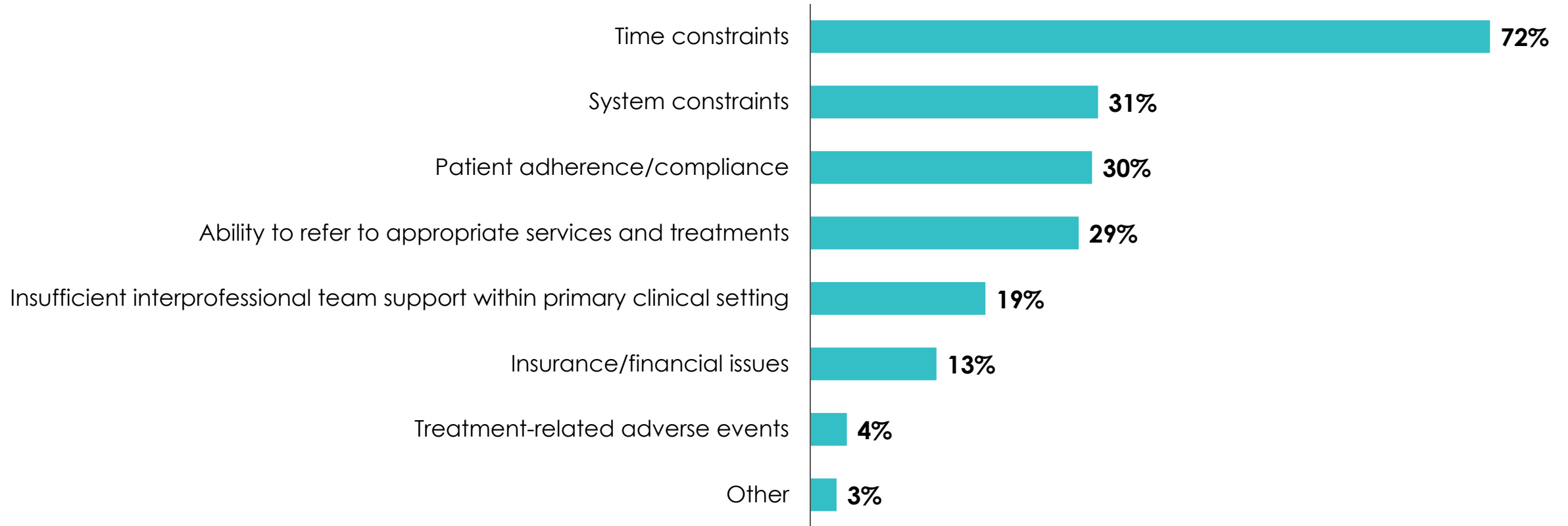
- I do plan to implement changes in my practice based on the information presented
- My current practice has been reinforced by the information presented
- I need more information before I will change my practice



91% of users who completed the training reported being somewhat or very confident that they would be able to make their intended changes.



Anticipated Primary Barriers to Implementing Changes



ACEs Aware Initiative Updates: Subcommittees

Provider Engagement & Education Subcommittee

- Provide strategic advice on: 1. Increasing the number of providers who complete state-certified core ACE training; and 2. Supporting providers in integrating ACE screening and clinical response into their practice.

Network of Care Subcommittee

- Recommend a roadmap for improving collaboration and coordination across the health care and social service system – between health plans, health centers, clinicians, and clinical and community organizations in responding to identification of ACEs in primary care.

Convening of a **Clinical Implementation Subcommittee**

- Advise on how to implement and integrate ACE screenings in a changing primary care landscape particularly in light of the COVID-19 emergency, including the increased use of telehealth. This includes advancing the science of ACE screening and response; clinical recognition of toxic stress; and evidence-based interventions for regulating the toxic stress response.



ACEs Aware Initiative Updates Feedback & Discussion on Clinical Needs



- Is your organization currently screening or planning to screen for ACEs during the COVID-19 emergency?
- How can ACEs Aware support primary care providers in screening for ACEs via telehealth? What major concerns exist in doing so in these settings?
- Which clinical implementation needs should be prioritized by the Clinical Implementation Subcommittee?



ACEs Aware: Next Steps

- September/October 2020 TIPC Virtual Quarterly Meeting (pending date confirmation)
 - Presentation on Medi-Cal Managed Care Plan Survey
 - Subcommittee Updates on Goals & Work
 - Network of Care Fact Sheets and Resources

Reminders – Share with 5 colleagues:

- Training Attestation Deadline is July 1, 2020
<https://www.medi-cal.ca.gov/TSTA/TSTAattest.aspx>
- Checkout the CMA/CA-OSG Webinar
- Upcoming Provider Monthly Webinars – Fourth Wednesday at Noon – 1:00 PDT:
 - June 24, 2020: [Fundamentals of ACE Screening & Response in Pediatrics](#)
 - July 29, 2020: [Fundamentals of ACE Screening & Response in Adult Medicine](#)





Please fill out today's meeting survey!
<https://www.surveymonkey.com/r/FZKXFL6>

Questions?

Contact Us



acesaware.org



