



Trauma-Informed Primary Care (TIPC) Implementation Advisory Committee

Virtual Meeting



March 16, 2021



Welcome

Jennifer Ryan

Executive Vice President, Aurrera Health Group

Nadine Burke Harris, MD, MPH

California Surgeon General, Office of the California Surgeon General

Karen Mark, MD, PhD, MPH

Medical Director, Department of Health Care Services



Trauma-Informed Network of Care Grants



- \$30.8 million in ACEs Aware grant funding awarded to 35 organizations across California
- **27 Network of Care Planning Grants (6 months)**
 - For communities whose Medi-Cal providers may be in the early stages of conducting ACE screenings and are contemplating approaches for collaboration and coordination across sectors.
- **8 Network of Care Implementation Grants (18 months)**
 - For communities that demonstrate a significant level of existing collaboration and coordination across Medi-Cal providers and sectors.



Medi-Cal Claims & Provider Training Reports

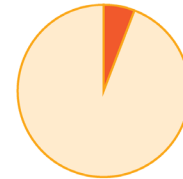


Medi-Cal Claims for ACE Screenings

Medi-Cal providers submitted claims for conducting more than

155,000
ACE screenings

Of the **130,000** unique Medi-Cal beneficiaries screened for ACEs, **6%** had ACE scores of **4 or more***



*ACE score refers to the total reported exposure to the 10 ACE categories. An ACE score of 4 or greater indicates that a patient may be at high-risk for toxic stress.

Data from: January 1, 2020, to June 30, 2020



Becoming ACEs Aware in California Training

15,500

Individuals completed the training

9,100

Medi-Cal providers have attested*

*Medi-Cal providers must attest to completing a certified ACEs Aware core training to qualify for Medi-Cal payment.

Before the training

35% of participants were **not screening** for ACEs at all.



After the training

81% of participants who were not previously screening patients for ACEs indicated that they planned to implement routine ACE screening for children or adults.



97% of participants plan to implement changes in their practice or already reinforced their current practice.

Data from: December 4, 2019, to December 31, 2020

Welcome New TIPC Member

Cathy Senderling-McDonald

Executive Director, County Welfare Directors Association

Additional membership:

- Tribal representatives
- Family/Consumer voices



ACEs Aware Goals & Objectives 2021



Raise Awareness

Train and expand awareness among Medi-Cal providers on ACE screening and response



Practice Change

Support implementation of ACE screening and response for Medi-Cal providers



Network of Care

Support development of a functional network of care

Reduce ACEs and toxic stress by half in one generation



Meeting Objectives



- Highlight ACEs consumer and provider outreach campaigns
- Update on efforts to promote the science of toxic stress
- Obtain input on health equity activities
- Discuss priorities for ACE Screening How-To Guide



2021 Outreach Campaigns



Anonymous Consumer Awareness Campaign

Dave Swartz
Chief Vision Officer



Reactions & Feedback



2021 Provider Engagement Campaign

Jennifer Ryan

ACES AWARE CAMPAIGN CONCEPTS

March 16, 2021

STATE OF CARE

- In California, providing comprehensive care to all of our patients is a top priority.
- We know that Adverse Childhood Experiences (ACEs) and toxic stress are the root cause of many of the most harmful health challenges they face.
- That's why California is working hard to ensure a **state of care** that addresses ACEs and toxic stress.
- When we screen for ACEs and mitigate toxic stress, we create a healthier future for all Californians.

OUR STATE OF CARE IS ACEs AWARE.

Screening for ACEs can save lives.

GET CERTIFIED

aces aware
SCREEN. TREAT. HEAL.



SAMPLE DIGITAL AD



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**"Adverse Childhood Experiences
are not destiny. You have the
power to make a difference."**

*Dr. Nadine Burke Harris,
California Surgeon General*

aces aware 
SCREEN. TREAT. HEAL.

GET CERTIFIED >

Reactions & Feedback

What is your reaction to the provider engagement campaign?

How should ACEs Aware frame messaging to complement the Anonymous consumer campaign?



The Science of Toxic Stress

California Maternal Quality Care Collaborative Partnership



A journal article will be drafted that reviews the literature to identify:

- How prenatal care providers can play a role in understanding a pregnant woman's risk of toxic stress.
- The impact of toxic stress on pregnancy clinical outcomes.
- The evidence-based strategies that can be implemented to mitigate toxic stress during pregnancy through one year postpartum.

(publication goal – 2022)



Science Webinar Series



Part 1:

- Science of ACEs and toxic stress
 - *Dr. Nadine Burke Harris*
- How toxic stress impacts child development and childhood antecedents of adult disease
 - *Al Race, Harvard Center on the Developing Child*
- Informing clinical practice and treatment planning
 - *Dr. Rachel Gilgoff, Clinical Advisor, ACEs Aware*

Part 2:

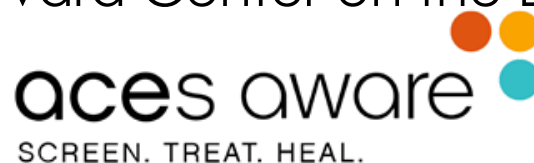
- Focus on individual ACE-Associated Health Conditions (e.g., immunology, cardiology, pulmonology)



Health Equity

ACEs Aware and Health Equity

- Ensure that we are collecting race/ethnicity data in all aspects of our ACEs Aware work
 - Tracking demographics and service areas of providers who take the ACEs Aware training **(23% of providers who took the training between January and March 2021 identified as Latinx; 22% identified as Asian; 6% Black; 47% White)**
 - Demographic data on people who attend our ACEs Aware webinars
 - Requiring Grantees to collect race/ethnicity data on event/training attendees
- Lead the state's cross-agency "Inclusive by Design" committee
- Grantee Spotlight Webinar in April – Health Equity in Practice
- **April 28 ACEs Aware Webinar:** Racism & Discrimination as a Risk Factor for Toxic Stress
 - Joint Issue Brief with the Harvard Center on the Developing Child



Populations Disproportionately Impacted by ACEs and Toxic Stress



- Economically disadvantaged
- Communities of color
- LGBTQ+
- Immigrants and refugees
- Systems-involved youth including justice-involved and child welfare-involved



These Populations are Known to Have:

1	Increased risk for Adverse Childhood Experiences (ACEs);
2	Other risk factors for toxic stress;
3	Increased incidence of ACE-Associated Health Conditions as a manifestation of toxic stress physiology; and/or
4	Barriers and/or decreased access to buffering resources.



Research on Communities of Color

- Overall higher rates of ACEs than the general population.¹⁻³
- Unique risk for toxic stress including racism and discrimination, which may impact neuroplasticity, hypothalamic-pituitary-adrenal axis impacts, and immune function.^{4,5}
- Overall increased prevalence of ACE-Associated Health Conditions including cardiovascular disease, lung disease, cancer, and arthritis.^{4,5}
- Potential for decreased buffering capacity even if the buffering resource of healthy family relationships is present.⁶



Research on Communities of Color

Numerous studies address the seven strategies for communities of color, though not always directly linked with ACEs or toxic stress. Examples include:

- Need for access to green space to lower obesity rates and improve mental health.¹
- Apply the Mediterranean diet, especially in pregnancy.²
- Offer mindfulness in schools and for women undergoing treatment for addiction.^{3,4}
- Enhance quality sleep, possibly with a text education tool or health educators, to offset metabolic syndrome.^{5,6}





Discussion

What are the additional ways ACEs Aware can advance health equity across the initiative?

ACE Screening How-To Guide



Discussion

What are the top three things the ACE Screening How-to Guide should cover?

https://jamboard.google.com/d/1i264CyU5OTiW1HfTZKCM5MDrSEkNTwLrfr_dls0Htbo/edit?usp=sharing

Next Steps

Meeting to Discuss the Role of Medi-Cal Managed Care Plans in Networks of Care

Share with your colleagues:

- Provider Monthly Webinars – typically, the Last Wednesday of each month Noon – 1:00 PT
 - **March 30:** Network of Care Roadmap
 - **April 14:** Biology of Stress: How ACE Screening Can Reveal & Inform Treatment of ACE-Associated Health Conditions
 - **April 28:** Racism & Discrimination as a Risk Factor for Toxic Stress

Next TIPC meeting:

- **June 15, 2021**
9:30 a.m. – 11:30 a.m. PDT
- Meeting will feature:
 - Planning for 2021-2022
 - Network of Care Final Roadmap & Grant Updates
 - ACE Screening How-To Guide



Public Comment



Adjourn

Please fill out today's
meeting survey:

[https://www.surveymonkey.com
/r/TIPC-March16-Eval](https://www.surveymonkey.com/r/TIPC-March16-Eval)

