



Trauma-Informed Primary Care (TIPC) Implementation Advisory Committee



June 15, 2021



Welcome

Jennifer Ryan

Executive Vice President, Aurrera Health Group

Nadine Burke Harris, MD, MPH, FAAP

California Surgeon General, Office of the California Surgeon General

Karen Mark, MD, PhD, MPH

Medical Director, Department of Health Care Services



ACEs Aware Goals & Objectives 2021



Raise Awareness

Train and expand awareness among Medi-Cal providers on ACE screening and response



Practice Change

Support implementation of ACE screening and response for Medi-Cal providers



Network of Care

Support development of a functional network of care

Reduce ACEs and toxic stress by half in one generation



Meeting Objectives

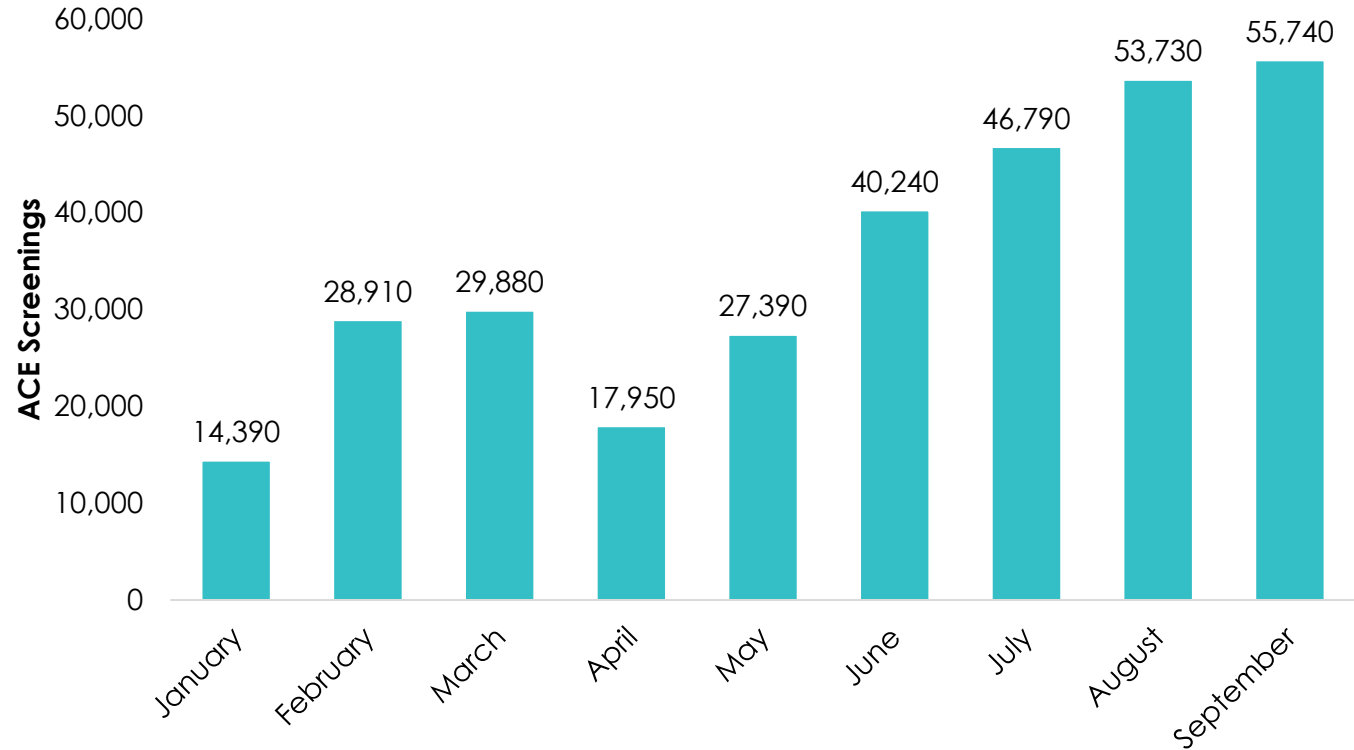


- Updates
- Grantee Progress & Lessons Learned
- The UCLA/UCSF ACEs Aware Family Resilience Network (UCAAN) and Initiative Priorities



ACE Screening Progress

Medi-Cal providers conducted **315,000 ACE screenings** between January and September 2020



Month 2020
(n=315,000)

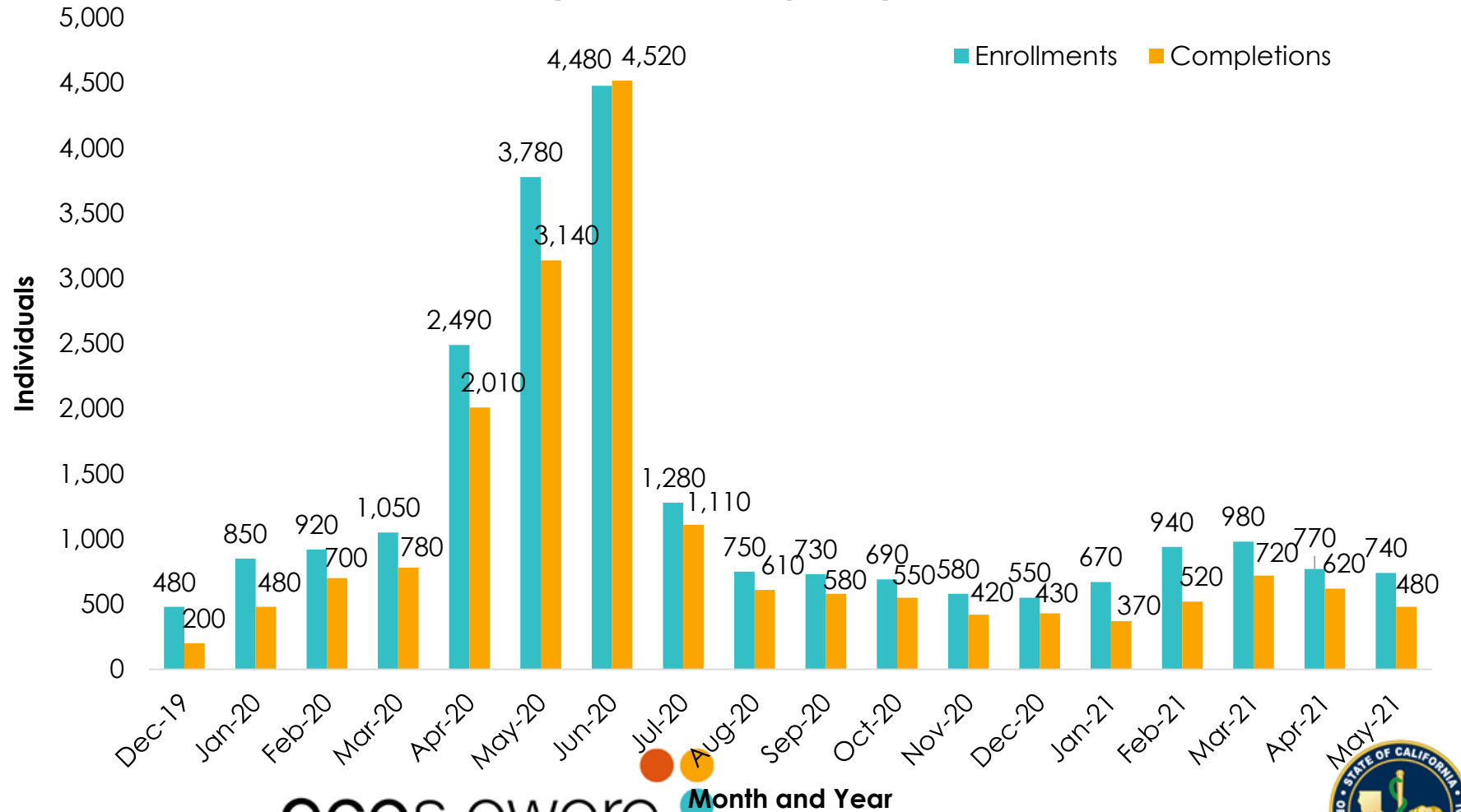
Data Source: MIS/DSS data warehouse
Data Extraction Date: 4/5/2021
Data labels are rounded to the nearest 10 and may not sum to the total.



ACEs Aware Training Progress

"Becoming ACEs Aware in California" Enrollments and Completions
(Dec 2019 - May 2021)

More than **18,600** people completed the training from December 2019 – May 2021

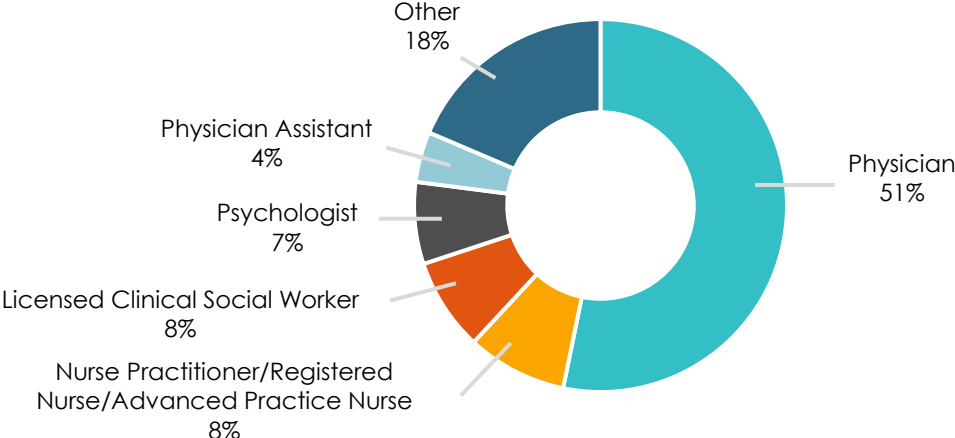


aces aware
SCREEN. TREAT. HEAL.

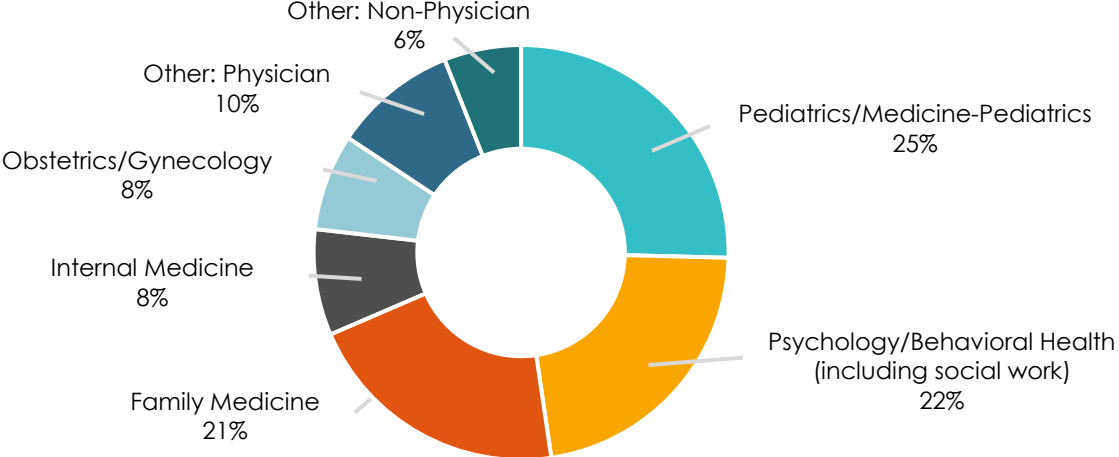


Training Completion by Occupation & Specialty

Trainings by Occupation



Trainings by Specialty



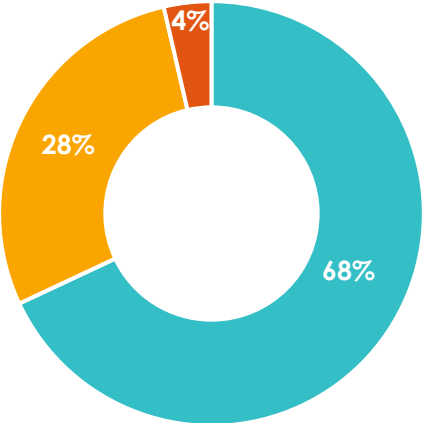
ACES Aware June 2021 Data Update
 Note: Percentages are rounded to the nearest whole number and may not add to 100%.



ACEs Aware Training Progress

Intended Change to Practice After Completing Training

- I do plan to implement changes in my practice based on the information presented
- My current practice has been reinforced by the information presented
- I need more information before I will change my practice



92% of people who completed the training reported being **somewhat or very confident they would be able to make their intended changes**

ACEs Aware June 2021 Data Update
Note: Percentages are rounded to the nearest whole number and may not add to 100%.

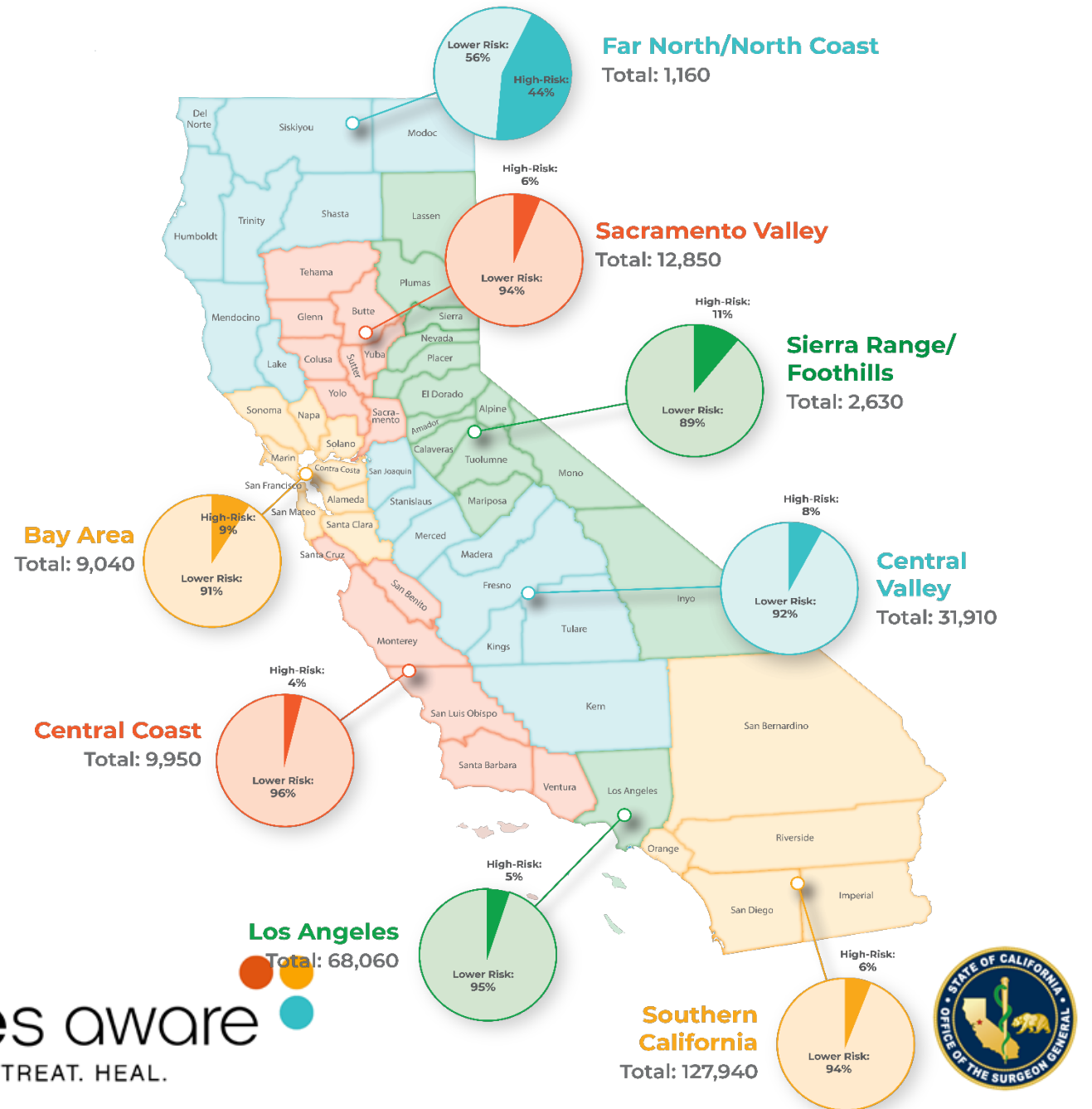


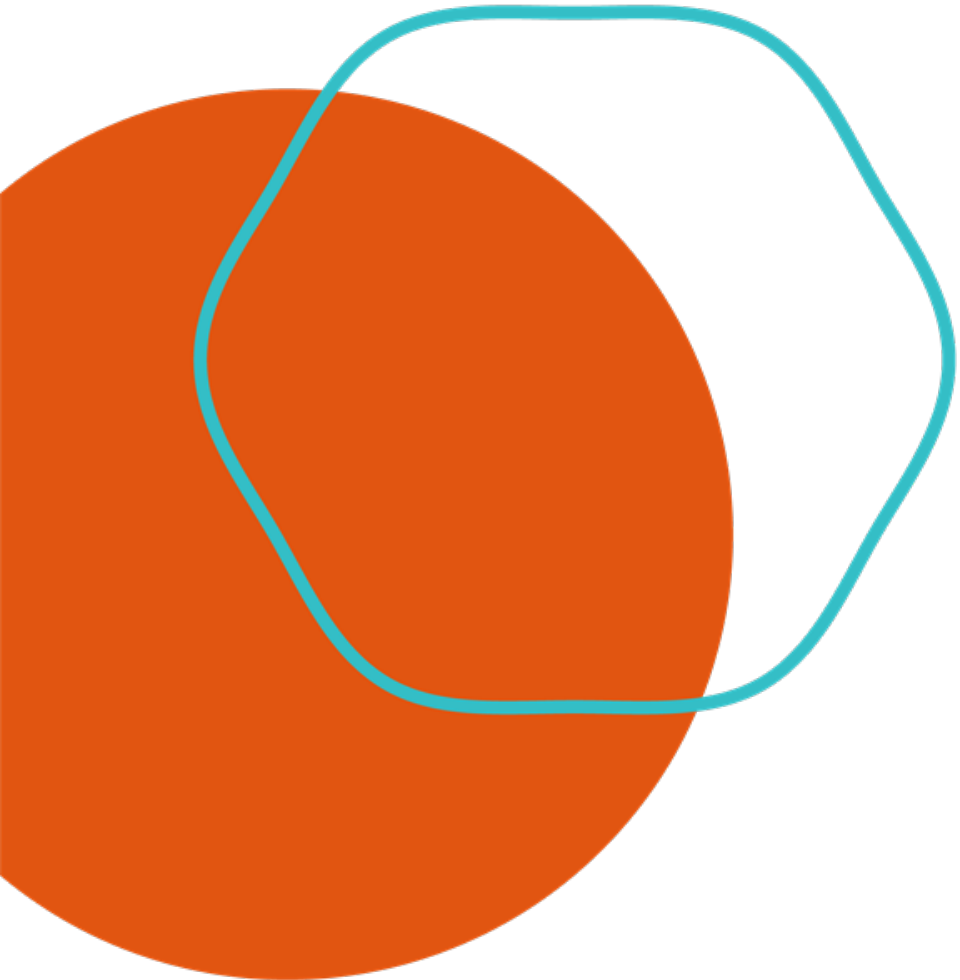
Screening by Geography

About half (49%) of ACE screenings were conducted in Southern California, followed by Los Angeles (26%), and the Central Valley (12%).



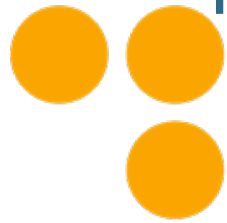
aces aware
SCREEN. TREAT. HEAL.





Precision Medicine Update

Dr. Julianne McCall, Co-Director, Precision Medicine Initiative, Governor's Office of Planning & Research



Look to the Future – Governor Newsom’s 2021-2022 Budget

- CA-OSG -- ACEs and toxic stress public education campaign
- CA-OSG -- Trauma-informed care training for educators
- DHCS -- Proposition 56 suspensions eliminated
- Governor’s Office of Planning & Research -- Additional ACE research grant funds through Precision Medicine Initiative



Look to the Future – Governor Newsom’s 2021-2022 Budget

- \$4 billion Children and Youth Behavioral Health Initiative
 - Covers children and youth from birth to age 25
 - 24/7 all-payer virtual platform
 - Medi-Cal dyadic service benefits covered
- DHCS Medi-Cal benefits expansion:
 - Community health workers
 - Doula services
 - Eligibility for new mothers extended to 1 year



Join the Movement!



LET'S MAKE OUR STATE
OF **CARE** ACES AWARE.

Learn more at
[ACESAware.org](https://www.acesaware.org)

aces aware
SCREEN. TREAT. HEAL.



NumberStory.org

Patient-facing materials now
available!



State of CAre Public Service Announcement

https://www.youtube.com/watch?v=THP_rWRJjZI



State of CAre Provider Engagement Strategy

- Direct mail campaign going out to 99,000 Medi-Cal providers, practices, FQHCs – English and Spanish
 - Consumer-facing poster for exam rooms
- PSA featuring Dr. Burke Harris
- Full page newspaper ad
- Billboards
- Social media waves over a 6-month period



Adverse Childhood Experiences

(ACEs)



What are they and what do they mean to me?

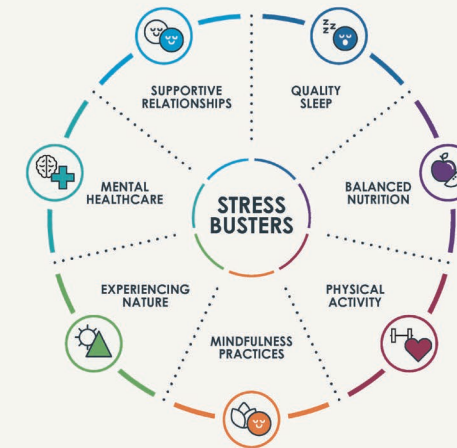
Adverse Childhood Experiences—also known as ACEs—can affect your and your family’s health. ACEs affect all communities. In fact, two-thirds of us have had at least one ACE.

ACEs are events that occur during childhood that can cause high levels of stress in your body and your brain. That stress is considered “toxic,” and can have life-long health effects if not recognized and treated.

There are 10 ACEs that we talk about. You may be asked to review this list and let our health care team know how many of these you or your child have experienced. This is known as the ACE “score”—it will help us do a better job of meeting your health care needs.

The 10 ACEs

- Physical abuse
- Emotional abuse
- Sexual abuse
- Physical neglect
- Emotional neglect
- Having caregivers with mental health concerns
- Having caregivers with problematic substance use
- Having caregivers that are separated or divorced
- Having a caregiver that has been incarcerated
- Domestic violence at home



More than a Number.

Having ACEs does not determine our futures—our stories are more than a number. The important thing is to identify and understand our ACEs and toxic stress, and then work to find ways to heal.

Research shows there are several things we can do to reduce the stress that we feel and prevent further health conditions from developing:

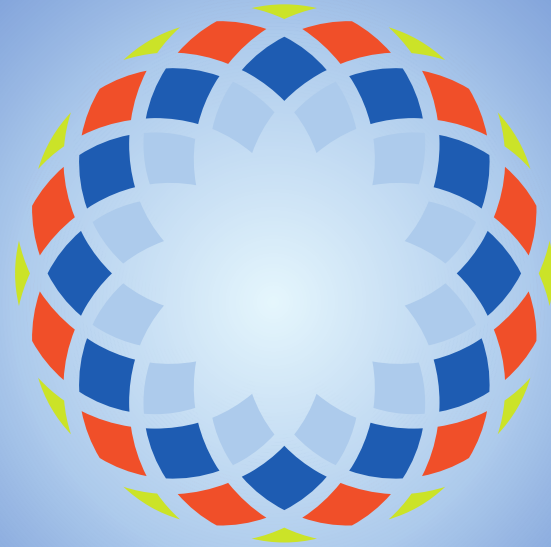
- Having healthy and supportive relationships with a parent, family member, or mentor
- Getting regular sleep
- Eating healthy food
- Spending time outside and in nature
- Getting regular exercise
- “Mindfulness” practices like yoga, meditation, and deep breathing
- Talking to a mental health professional

Let your health care team know if you have questions.

Go to NumberStory.org to learn more about ACEs and toxic stress, and what you can do to improve your health.



aces aware
SCREEN. TREAT. HEAL.



Be Well

ORANGE COUNTY

Orange County ACEs Aware Trauma-Informed Network of Care
Trauma-Informed Primary Care (TIPC) Implementation Advisory Committee
June 15, 2021

A community in action...

Vision

Orange County will lead the nation in optimal mental health¹ and wellness for all residents.

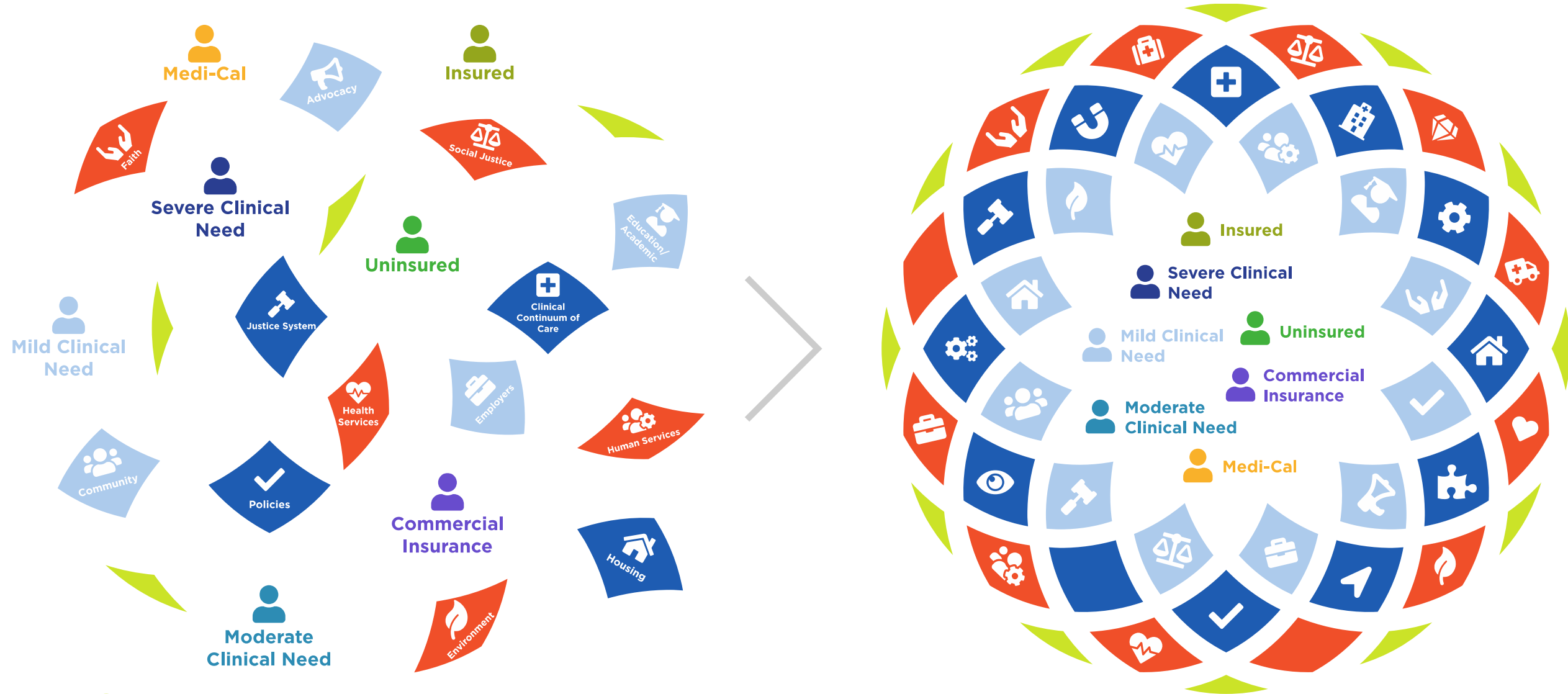
Mental health is “a state of well-being in which every individual realizes his or her own potential, can cope with normal stresses of life, can work productively and fruitfully, and is able to make a contribution to his or her community.”²



¹ In the following document, the terms mental health and wellness encompass substance dependence and abuse.

² World Health Organization. Mental Health: A State of Well-Being, 2014. http://www.who.int/features/facilities/mental_health/en

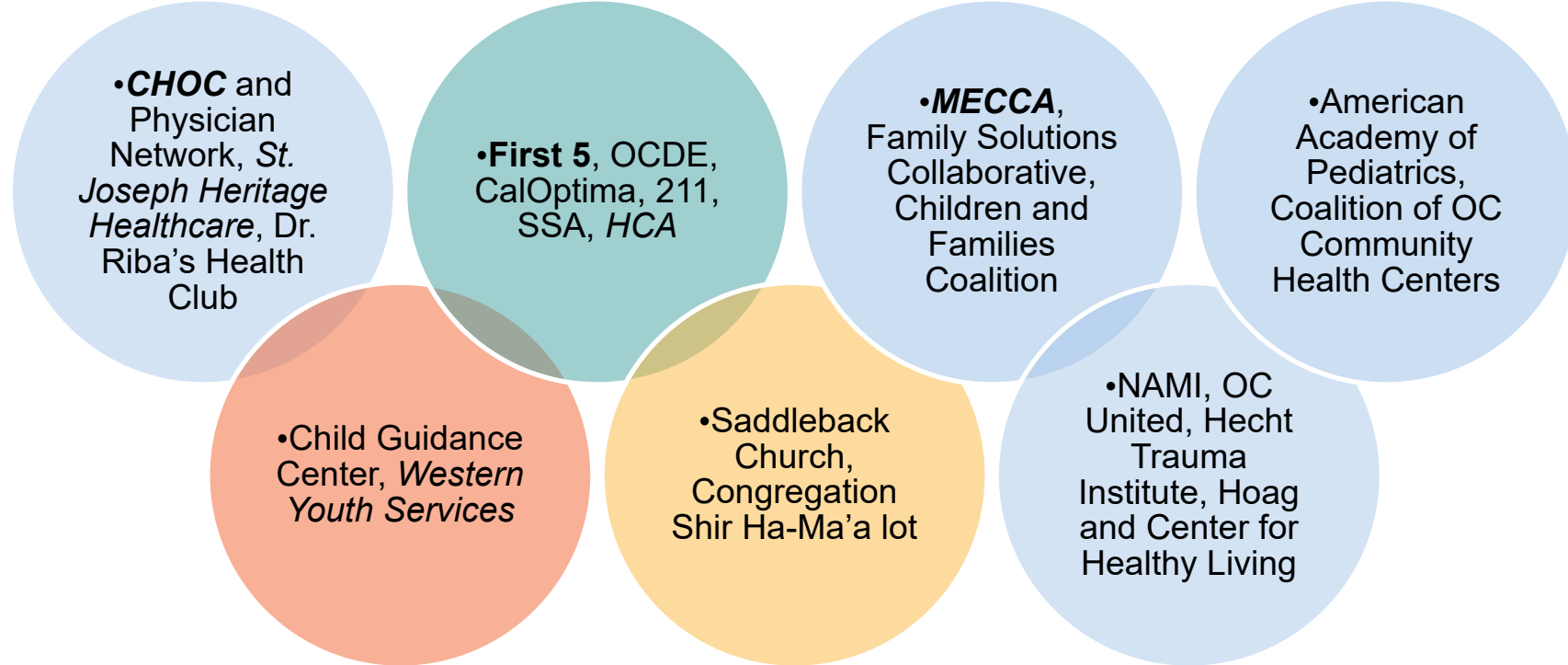
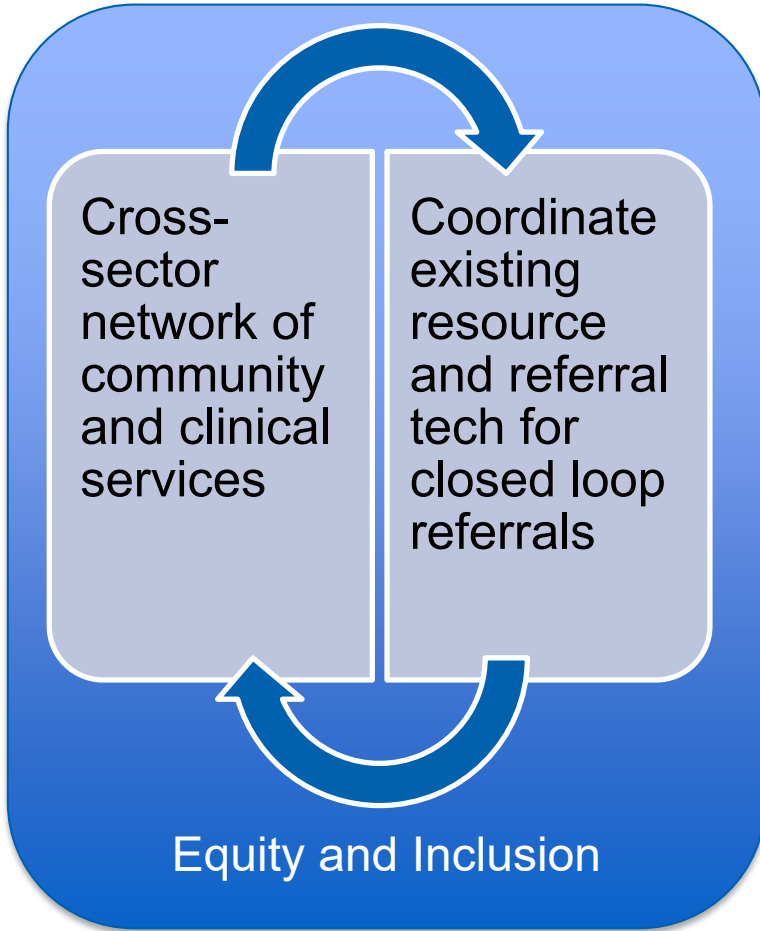
Collective Impact for System Transformation



Overview of Orange County ACEs Aware Trauma-Informed Network of Care (TINoC)

- Build an integrated, coordinated network of care to strengthen and expand cross-sector clinical and community supports services
- Align and Connect Digital Resources: Coordinate existing resource and referral IT platforms and establish multi-directional IT infrastructure to facilitate closed loop referrals

ACEs Aware Trauma Informed Network of Care





Governance Approach

Executive Committee

(CHOC, First 5 OC, MECCA, and Mind OC)

Steering Committee

(all partners)

Clinical-Community

- CHOC
- First 5 OC

Equity & Inclusion

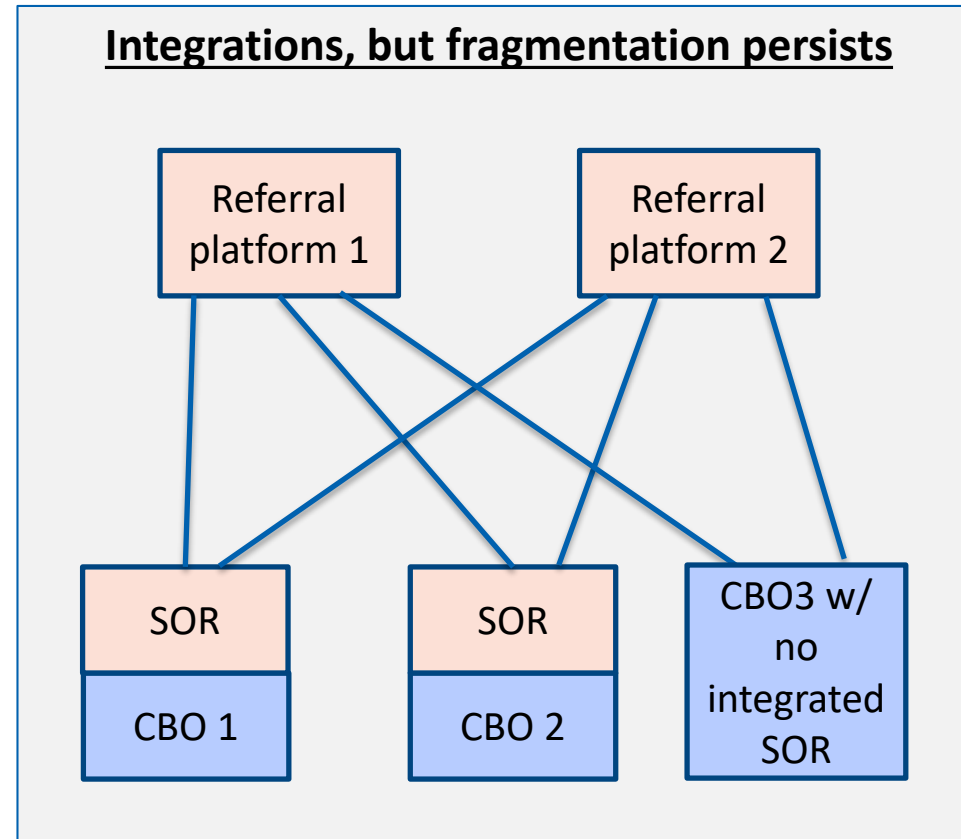
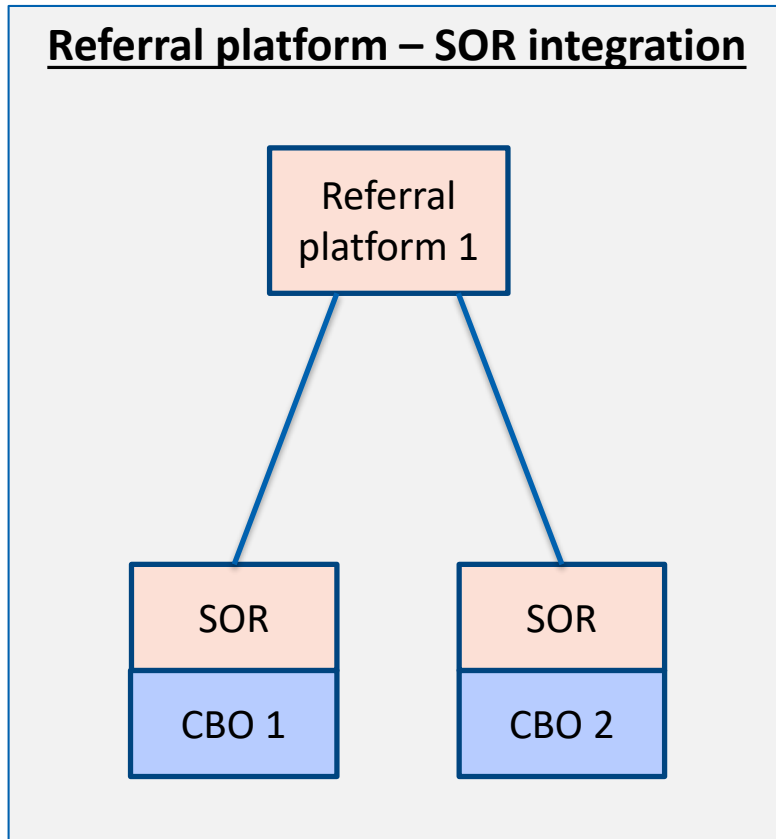
- MECCA

IT Platform

- Mind OC

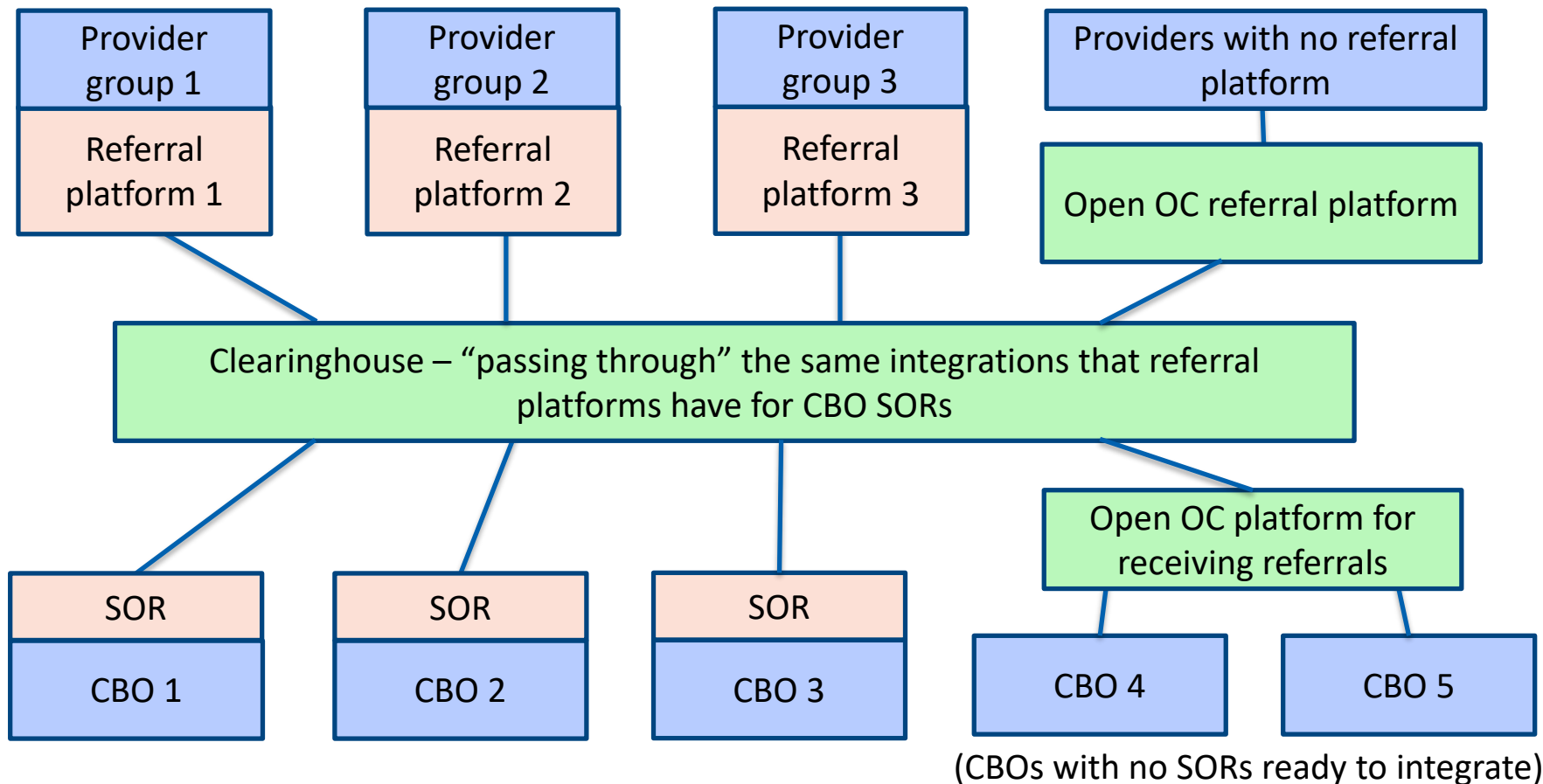
Tech Interoperability Proposed Approach

Referral platforms are developing integrations with CBO SORs (Systems of Record – HMIS, case management, etc.), but just these integrations aren't sufficient to create a cohesive system.



Tech Interoperability Proposed Approach

The proposed approach uses the same integrations that referral platforms are advocating for and building to connect with CBO SORs. We would create one “Clearinghouse” interoperability layer to take referrals from all community referral platforms via these integrations, and pass to CBOs in a unified manner.



Notes:

1. Community members also have access to resources through some referral platforms
2. 211OC referral platform (in development) may be well-positioned to provide some of these integrative capabilities – we are actively communicating on the best way to partner in this space

Q&A and Discussion



Grantee Progress & Lessons Learned

ACEs Aware Round 1 Grants Summary

\$14.3 million for 151 Training & Engagement Grants to 100 Organizations



5 Core Training &
24 Supplemental
Training Grants



63 Provider
Engagement
Grants



24 Practice Papers

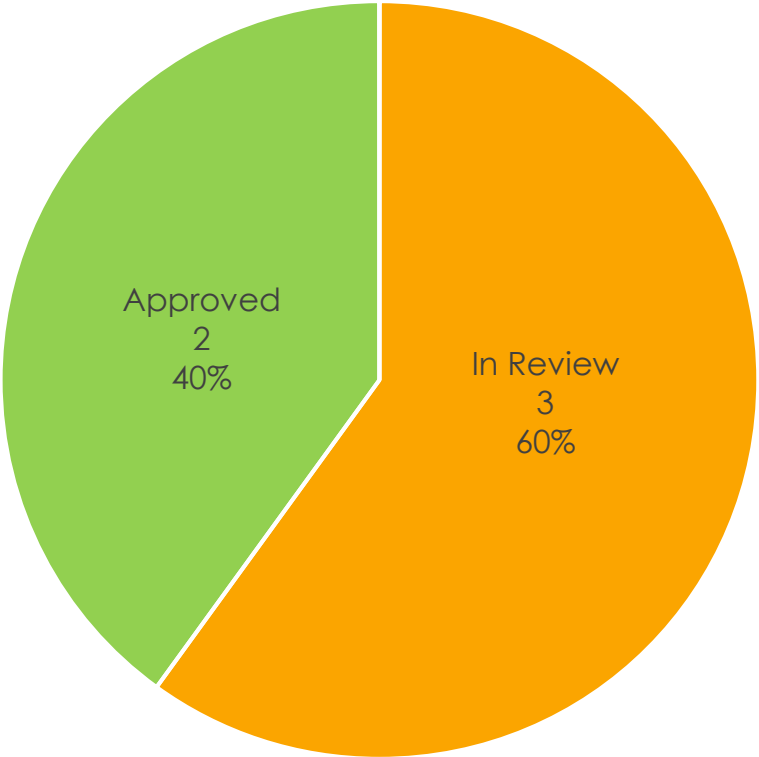


36 Communications
Grants

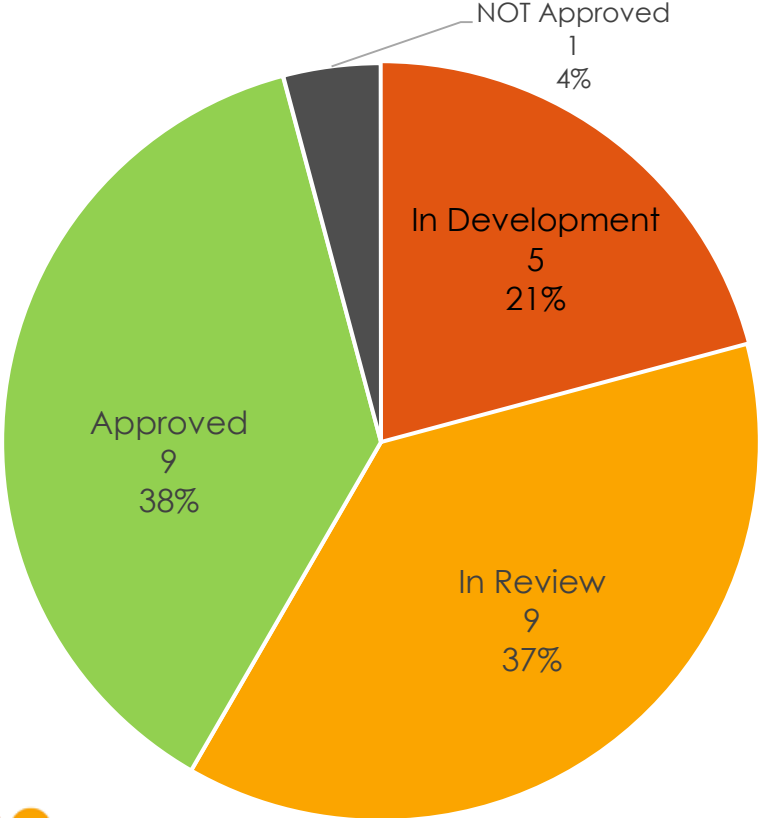


Provider Training Grantees – As of June 2021

Core Trainings

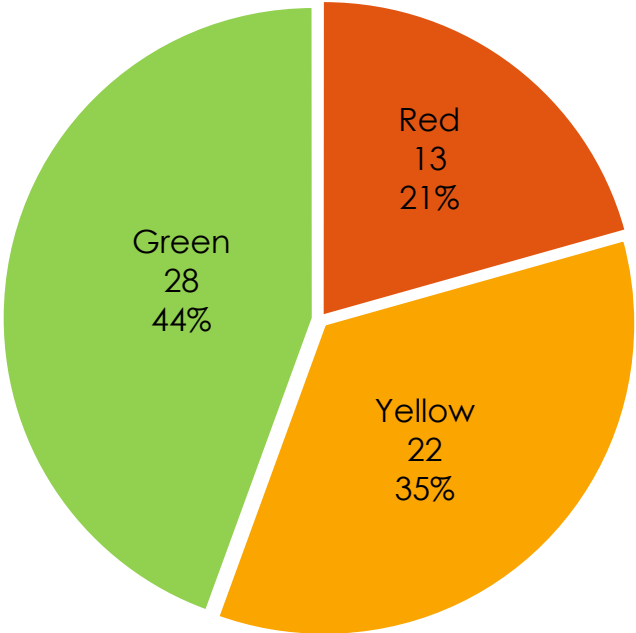


Supplemental Trainings



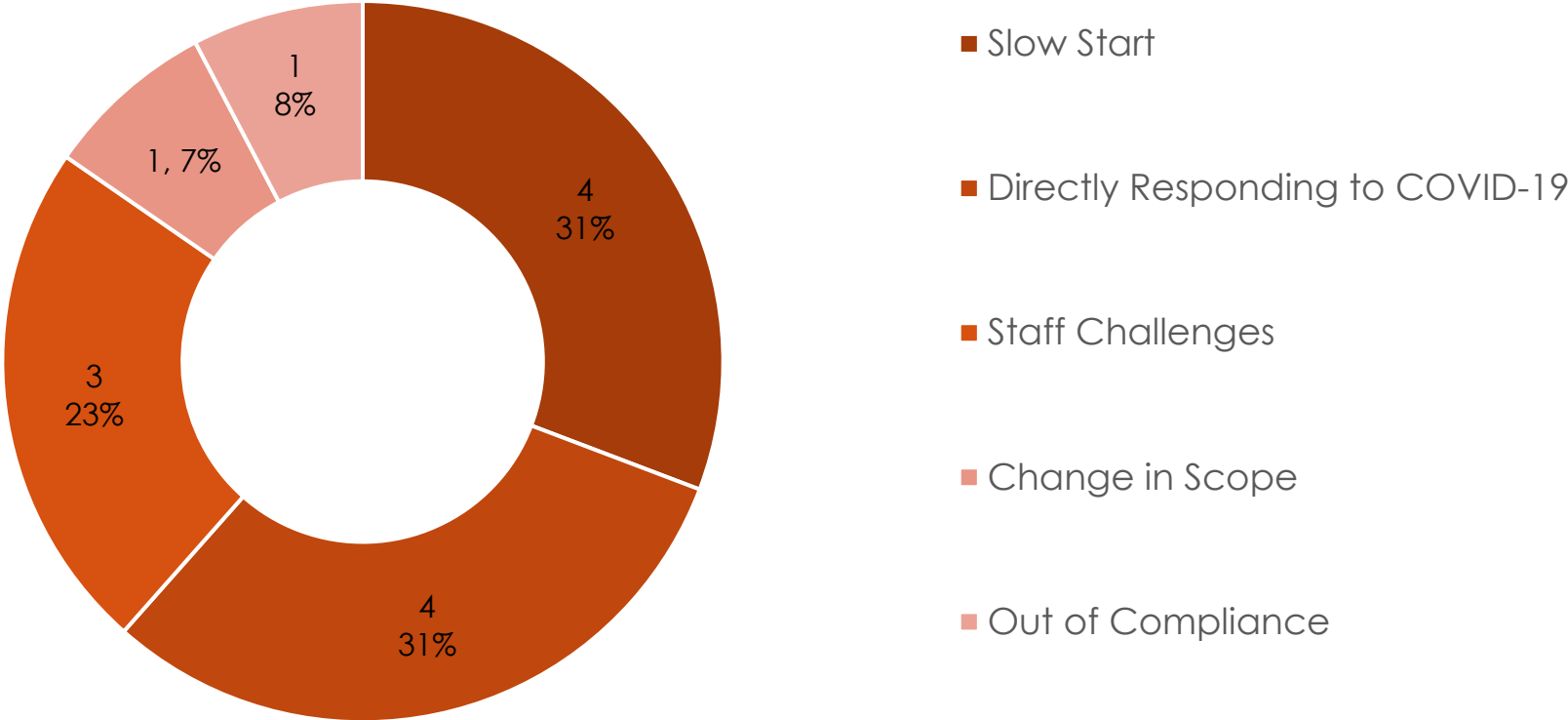
Provider Engagement Grantees — As of March 31, 2021

Provider Engagement Grantee Progress Toward Meeting Goal



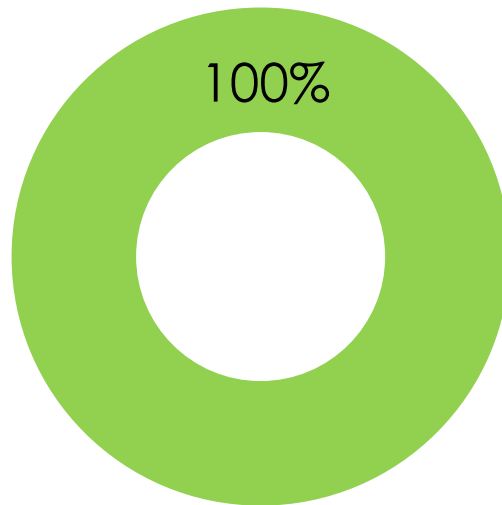
Provider Engagement Grantees — As of March 31, 2021

Reasons Grantees Were **Not** on Track to Meet Their Overall Attendee Goal



Communications Grantees – as of March 31, 2021

Communications grantees are actively implementing their communications and increasing ACE awareness across the state.



■ Fully Implementing Communications...

Phase 1: Developing Communications Strategy

Phase 2: Developing Communications Materials

Phase 3: Fully Implementing Communications



Grantee Successes

- Expanding the reach of the ACEs Aware initiative
- Advancing knowledge of the science of ACEs and toxic stress
- Mobilizing clinician and community champions
- Meeting clinicians where they are and providing opportunities for clinicians to participate in shared learning activities
- Connecting clinical teams to Networks of Care



Grantee Successes – Communication Grantees



Lake Family Resource Center: Family Strong

 **AAP-CA Chapter 3**
@AAPCA3

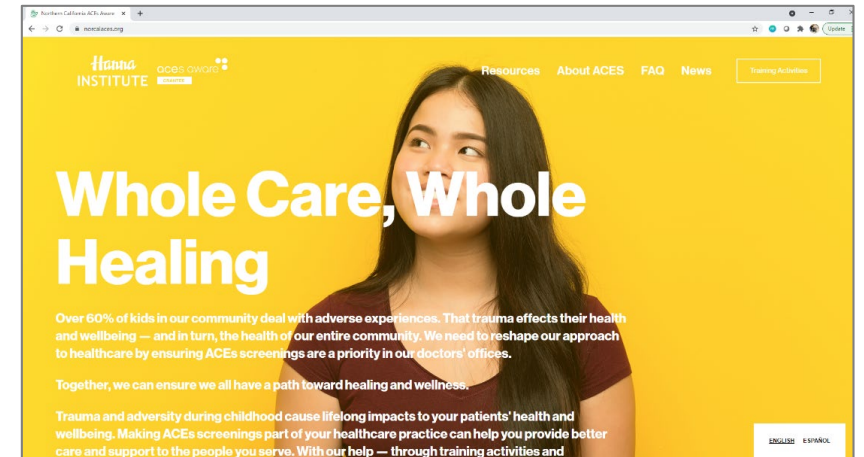
#ACEs disproportionately affect the #LGBTQ community. We're discussing #allyship, #inclusivity and positive childhood experiences in our latest #blog!

#PrideMonth #PrideMonth2021
@ACEsAware @PACEsConnection @TrevorProject @GLSEN @DrBurkeHarris @CA_OSG

Showing Pride	Showing Our Pride As An LGBTQ Ally
As	June is Pride Month and we wanted to take this opportunity to discuss how Adverse Childhood ...
An	
LGBTQ Ally	📍 aapca3.org

9:51 AM · Jun 3, 2021

7 | Share this Tweet



Grantee Challenges

- Lack of shared understanding of the science of ACEs and toxic stress
- Differences in understanding of how to apply a rigorous scientific framework
- COVID delays resulted in many Grantees being behind schedule



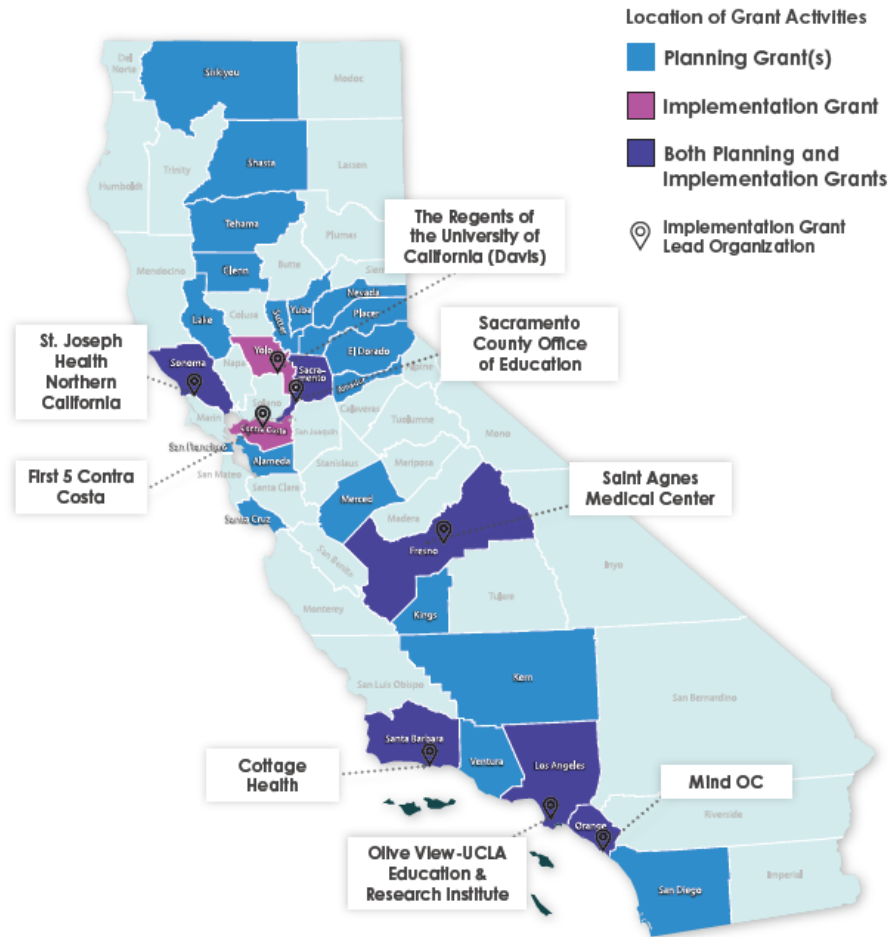
How We Continue to Support Grantees

- No-cost extensions
- Monthly one-on-one check-ins
- Ongoing education on the science of ACEs and toxic stress
- Ongoing technical assistance partnerships — FrameWorks, Health + Studio
- PACEs Connection – Host ACEs Aware Grantee Community site & Grants map on ACEs Aware website
- Coaching from Clinical Advisors before and during the training review process



Trauma-Informed Network of Care Grants (2021-2022)

Trauma Informed Network of Care Grant Awards



- \$30.8 million for 35 Grants covering 27 counties
- 8 Communities have NoC Implementation Grants of \$3 million each
- 27 Communities have \$300,000 in NoC Planning Grants

Full summary available at AcesAware.org



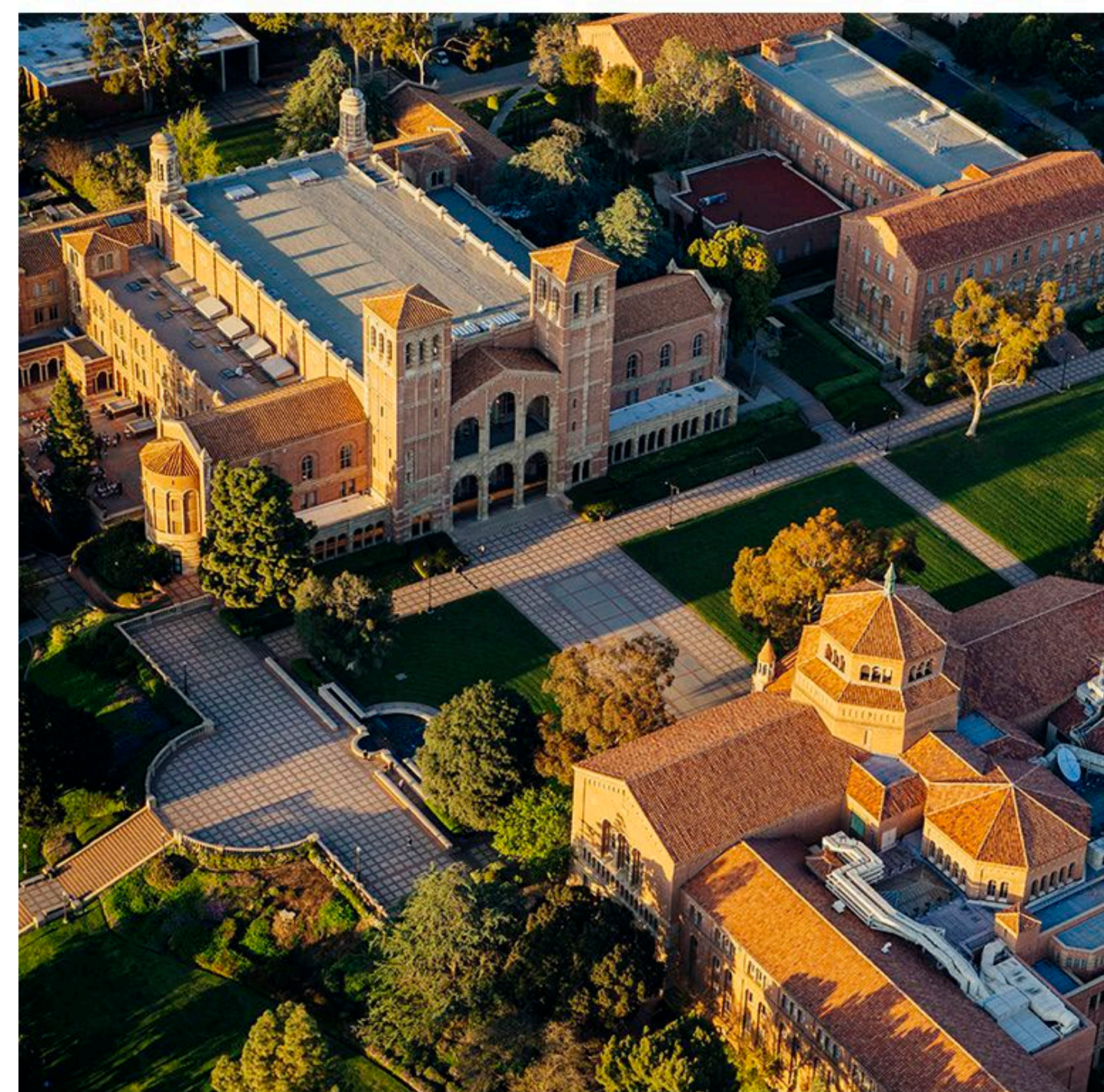
adversity. resilience. strengths.



The UCLA/UCSF ACEs Aware Family Resilience Network

**Grounding the ACEs Aware initiative in
clinical and academic expertise**

June 15, 2021



Value of Grounding ACEs Aware Efforts in UCAAN's clinical and academic expertise

- UC is a world leader in clinical, education and implementation science
- 10 campuses, 6 medical schools
- Faculty are highly engaged in toxic stress and resilience-related work and the ACEsAware initiative



Current Activity Structure of ACEs Aware

ACEs Aware

California ACEs Learning and Quality Improvement Collaborative (CALQIC)

Proposed Synergistic Activities of UCAAN and ACEs Aware

UCLA/UCSF ACEsAware Family Resilience Network (UCAAN)

Administrative

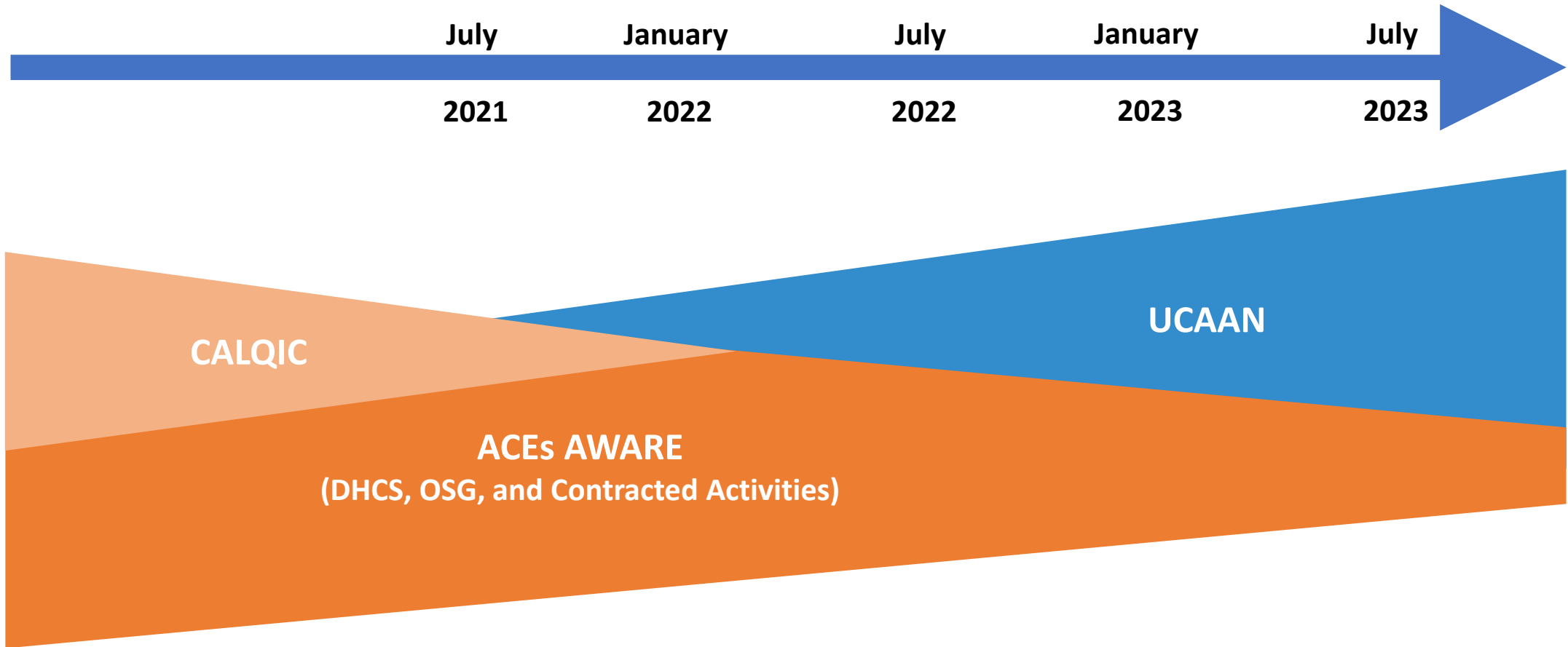
Education and Training

Clinic and Community

Evaluation and Evidence

Learning Collaborative and Community Grants

Integration of UCAAN into ACEs Aware Activities



UCAAN Core Ambition

Objective

Training and Capacity-building for MediCal providers at the intersection of health systems and community engagement to support:

- screening and response to ACEs
- harnessing individual, family, and community-level protective factors and strengths
- more effective treatment of adversity-related health conditions
- changed clinic and community-level structures to support resilience and healing

UCAAN Departments

Administrative

Finance, Reporting, Communications, Personnel management, Cross-departmental support and coordination

Education and Training

Develops and deploys trainings in the variety of clinical settings, disciplines and stages of learners. Informed by clinical innovation, evidence, education science and implementation science

Clinic and Community

Identifies and develops the clinical competencies necessary to address toxic stress in a variety of clinical settings. Intersects with Evaluation and Evidence and feeds into Education and Training

Evaluation and Evidence

Ensures structured and well executed evaluations across all UCAAN activities. Leads to identification of clinical evidence that informs clinical practice and Education and Training

Values Across UCAAN Departments

Administrative

**Education and
Training**

Clinic and Community

**Evaluation and
Evidence**

Community Engagement

Health Equity

Whole Person and Whole Family Wellness

Identifying and Aligning Resources and Systems of Care



Discussion

What should be the top priorities for ACEs Aware over the next 2 years?

Public Comment

Next Steps

Share with your colleagues:

- [ACE Screening Implementation How-To Guide: Stage 1](#) Stages 2 – 4 Coming soon!
- Coming Soon: [Final Trauma-Informed Network of Care Roadmap](#)

**Next TIPC meeting
September 2021**



Monthly Educational Webinars

April 28: Racism & Discrimination as a Risk Factor for Toxic Stress

June 2: The Science of Toxic Stress (Part 1) – Dr. Burke Harris

June 28: The Trauma-Informed Network of Care Roadmap: A Guide for Strengthening Community Relationships

July 14: (Part 2) Al Race, Harvard Center on the Developing Child

August 11: (Part 3) Dr. Rachel Gilgoff, ACEs Aware Clinical Advisor



Adjourn

Please fill out today's
meeting survey:

[https://www.surveymonkey.com/r/TIPC-
June15-Eval](https://www.surveymonkey.com/r/TIPC-June15-Eval)

