



Redwood Community Health Coalition (RCHC) is participating in the exciting statewide ACEs Aware effort to cut Adverse Childhood Experiences (ACEs) and toxic stress in half in one generation. ACEs Aware is an initiative led by the Office of the California Surgeon General and the Department of Health Care Services to give Medi-Cal providers training, clinical protocols, and payment for ACEs screening for children and adults.

All health care teams are encouraged to receive training on how to screen patients for ACEs and respond with trauma-informed care. By screening for ACEs, providers can better determine the likelihood a patient is at increased health risk due to a toxic stress response, which can inform patient treatment. Trauma-informed care recognizes and responds to the signs, symptoms, and risks of trauma to better support the health needs of patients who have experienced ACEs and toxic stress.

This is a summary of Supplemental Trainings developed by RCHC and designed for health center care teams. Except for Module 4*, sessions are ACEs Aware certified. All trainings were conducted by Jessica Moore, RCHC's consultant and lead trainer.

Module 1: "Foundation of Care," is really the foundation of the ACEs Aware work and includes an exploration of ACEs, trauma, resilience, and why they matter to us and to the patients and families we serve.

[Training Video](#)

[Training PPT](#)

Module 2, "Workflows for Screening that Work," is focused on the work of screening itself including workflow, challenges, and opportunities for team members to explore their own ambivalence about screening and how they can use the screening tool as an opportunity for universal education.

[Training Video](#)

[Training PPT](#)

Module 3, "Responses that Heal," is focused on tools and techniques for responding to screenings and again includes time for team members to practice in smaller groups.

[Training Video](#)

[Training PPT](#)

***Module 4, "When Healers Hurt,"** is focused on building our own resilience and identifying ways to recognize and mitigate the impact of secondary trauma and build a healing workplace.

[Training Video](#)

[Training PPT](#)

The Train-the-Trainer sessions were held by RCHC in February through March 2021 and the next step is for health centers to conduct their own care team training using this curriculum.

