

UCAAN: Anchoring ACEs Aware at the University of California

September 27, 2022







Welcome



Emily WilliamsChief Executive Officer
UCLA-UCSF ACEs Aware Family Resilience
Network



Agenda

- Welcome
- Presentation
- Panel Discussion
- Audience Q&A





"Decreasing the burden of ACEs is not only an ethical and moral imperative, but critical to our economic vitality. This work is a key preventive measure to improve health and societal outcomes for our state's residents for generations to come."

- Governor Gavin Newsom







ACEs Aware Initiative

First-in-the nation effort to promote early detection and intervention to mitigate the health and societal impacts of ACEs and toxic stress.







- Funded through the California Department of Health Care Services (DHCS)
- Collaborative effort between DHCS and the Office of the California Surgeon General (CA-OSG)
- In October 2021, DHCS contracted with the UCLA-UCSF ACEs Aware Family Resilience Network (UCAAN) to continue to implement the ACEs Aware initiative, which previously was implemented by Aurrera Health Group





ACEs Aware Initiative





Reduce Adverse Childhood Experiences (ACEs) and toxic stress by half in one generation by:

- Developing, promoting, and sustaining evidencebased methods to screen for ACEs, treat the impacts of toxic stress and trauma, and help patients heal.
- Bringing communities together in new and innovative ways to address one of the most harmful, persistent, and expensive health challenges facing our state and nation.
- Leveraging academic and community resources to transform clinical practice through quality improvement, training, and technical assistance.







ACEs Aware Goals and Objectives



Raising Awareness

Train and expand awareness among Medi-Cal providers on ACE screening and response



Practice Change

Support implementation of ACE screening and response for Medi-Cal providers



Network of Care

Support development of a trauma-informed network of care

Reduce ACEs and toxic stress by half in one generation









ACE Training and Screening in California



- The ACEs Aware initiative offers Medi-Cal providers training, screening tools, clinical protocols, and payment for screening children and adults for ACEs.
- As of January 2020, eligible Medi-Cal providers can receive a \$29 reimbursement for each ACE screening of an eligible Medi-Cal beneficiary.







Training: Becoming ACEs Aware in California



Becoming ACEs Aware in California is a free, two-hour online training that educates clinicians and their teams on how to provide trauma-informed care, screen for ACEs and assess the risk of toxic stress, and use clinical protocols to develop a treatment plan to prevent and mitigate toxic stress.

Visit **training.acesaware.org** for more information.







By the Numbers: Trainings and Screenings

- 23,400 individuals have completed the *Becoming ACEs Aware in California* training since December 2019.
- 11,900 of those are Medi-Cal providers who are eligible to bill for ACE screening and who have attested to completing the training.
- Medi-Cal providers conducted more than 987,500 ACE screenings of approximately 793,000 unique Medi-Cal beneficiaries across California between January 2020 and September 2021, based on Medi-Cal claims data.

Source: July 2022 Data Report





ACEs Aware Round 1 and 2 Community Grants







ACEs Aware has distributed more than \$45 million in grants across California since 2020.

Rounds 1 and 2 Grants to Support:

- Provider Engagement
- Provider Training
- Communications
- Network of Care Planning
- Network of Care Implementation







ACEs Aware Grants by the Numbers



Provider Engagement Grants

to share lessons learned and best practices tailored to practice settings, geographies, providers, and patient populations



Provider Training Grants

to educate
Medi-Cal providers
about incorporating
ACE screening into
their clinical
practice



Communications Grants

to share information about training and increase initiative awareness



Network of Care Planning Grants

to execute traumainformed networks of care in 23 counties



Network of Care Implementation Grants

to develop traumainformed networks of care in eight counties







Round 3: PRACTICE







PRACTICE Goals

Partnerships

 Strengthen partnerships to screen for ACEs in order to identify clinical risk for and respond to toxic stress.

Services Development

 Develop sustainable, practical, community-informed, evidence-based services that target toxic stress physiology and ACE-Associated Health Conditions, and support the prevention of ACEs and toxic stress.

Workforce Development

 Build a sustainable workforce to support ACE screening, toxic stress response, and prevention of ACEs, toxic stress, and ACE-Associated Health Conditions.









PRACTICE Grantees

The 25 grantee teams, from 15 California counties, serve a wide range of diverse patient populations.











PRACTICE Cohorts

LEVEL 1

Beginning ACE

screenings

community

relationships

Limited or no

Pathfinders: Level 3 or 4

• Catalysts: Level 4 or 5

LEVEL 3

In process of connecting to network of care

LEVEL 2

Some ACE screening

Limited or no clinical

interrupting the toxic

Community structure

not yet formalized

experience

protocols for

stress response

Clinical protocols for interrupting the toxic stress response in place

Execution of community-provider integration needed

No IT platform in place

LEVEL 4

Network of care in place and functioning

Clinical protocols for interrupting the toxic stress response well established

Additional resources needed to maximize potential for integration

Plans for leveraging bi-directional IT platform

LEVEL 5

Fully functional, trauma-informed network of care in place

Clinical and community interventions to interrupt the toxic stress response routinely utilized

Strong community-provider relationships and infrastructure for assisting families in place

Bi-directional IT platform in place

Mitigating Toxic Stress: Trauma-Informed Networks of Care Continuum of Integration







POLL RESULTS





UCAAN







UCAAN: Advancing ACEs Aware



- In October 2021, DHCS contracted with UCAAN to continue the implementation of the ACEs Aware initiative, with oversight provided by DHCS and CA-OSG.
- UCAAN is a multi-campus initiative
 that leverages the substantial
 interdisciplinary resources of the University of
 California, Los Angeles (UCLA) and the
 University of California, San Francisco (UCSF)
 campuses.







Four Values Inform UCAAN's Work







HEALTH EQUITY



COMMUNITY ENGAGEMENT



ALIGNMENT OF SYSTEMS









Anchoring at the University of California



UCAAN develops, promotes, and sustains evidenceinformed responses to prevent and help all patients heal from the impacts of trauma and toxic stress through investments in the follow areas:

- Implementation Science: Build upon the evidence base for ACE science and translate what we learn into clinical and community practices.
- Education and Training: Transform clinical practice and build a sustainable evidence-informed workforce to advance health equity.
- Community Health: Strengthen the capacity of health care teams in diverse clinical settings to collaborate with community partners to prevent and respond to trauma and toxic stress.





Academic Pilot Projects







Pilot Projects Overview

Goal

 To advance clinical practice, education and training in ACE screening, toxic stress treatment, and the prevention and treatment of ACE-Associated Health Conditions

Campuses:

UCLA and UCSF

Priority Topics:

- Examine ACE screening and toxic stress response interventions and outcomes of ACE-Associated Health Conditions or ACE-Associated Health Inequities
- Academically scale, refine, and disseminate tools, products, and workflows developed through prior work at ACEs Aware and the California ACEs Learning and Quality Improvement Collaborative (CALQIC)





UCAAN Pilot Projects	Pls	Institution
Enhancing Trauma-Informed Care and ACE Screening Response Among Pediatricians, Health Care Leaders, Trainees, and Staff	Moira Szilagyi	UCLA
Testing a Scalable Model for ACEs-Related Care Navigation via 211 Telephone- Based Services	Paul Chung, Rebecca Dudovitz	UCLA, Kaiser
Trauma-Informed Care on the Pediatric Ward: Applying ACEs Aware Strategies to the Inpatient Medical Setting	Maggie Kozman	Harbor-UCLA
Mitigating the Toxic Stress Response in Patients with ACE-Associated Health Conditions: Obesity Management in a Community Clinic	Angela Venegas-Murillo	UCLA, Charles Drew Univ, Harbor-UCLA, Humprey CHC (LA County DHS)
The Harbor-UCLA Resilience Bridge: ACEs Aware Training, Education, and Intergenerational Intervention in Prenatal, Pediatric, and Family Medicine	Adam Schickedanz	Harbor-UCLA
Mitigating the Toxic Stress Response in Patients with ACE-Associated Health Conditions: Obesity Management in a Specialty Clinic Setting	Alma Guerrero	UCLA
Connecting with Nature to Mitigate the Toxic Stress Response	Candace Gragnani, Nooshin Razani	UCLA, UCSF
Mitigating the Toxic Stress Response in Patients with ACE-Associated Health Conditions: ACEs Aware Diabetes Care in a Safety-Net Family Medicine Clinic	Heather Schickedanz, John Cheng, Monica Hau Le	Harbor-Lomita

UCAAN Pilot Projects	Pls	Institution
Virtual Meditation Sessions as a Response to ACEs	Laura Figueroa Phillips	Rancho Los Amigos, Harbor-UCLA, Olive View-UCLA
Mitigating the Toxic Stress Response in Patients with ACE-Associated Health Conditions: Specialized Management for Children with Asthma	Kaitlin Hall, Sande Okelo	UCLA, Olive View- UCLA, High Desert CHC
Bringing ACEs Science into the Perinatal Setting through "Support Sisters"	Melanie Thomas, Margaret Handley	UCSF Psychiatry and Epidemiology
Strategies to Integrate ACE Screening into Existing Screening Workflows	Danielle Hessler, Laura Gottlieb	UCSF, SIREN
Addressing the Health Impact of ACEs and Toxic Stress in California's Farmworker Communities	Lisa James, Eddy Machtinger	Futures without Violence; UCSF; Alianza Nacional de Campesinas; Líderes Campesinas
Developing a Whole Family Wellness Approach to Trauma-Informed Health Care	Katy Davis, Lisa Jaycox	UCSF Women's HIV Program, RAND
Understanding the Impact of ACE Screening Reimbursement Policy	Josh Breslau	UCSF, RAND, CCHE
It's Called Communication, Relationship-Centered Care, and Health Trajectories Among Adults Who Have Experienced Trauma and/or ACEs: A Study of Patient- Provider Dyads in Primary Care	Anita Hargrave	UCSF, San Francisco Veterans Admin. Health System



Panel Discussion





Panelists



Dr. Shannon ThyneCo-Principal Investigator
UCLA Chief of Pediatrics



Dr. Edward Machtinger
Co-Principal Investigator
UCSF Professor of Medicine



Dr. Mikah OwenSenior Director, Clinical
and Academic Programs, Health
Equity







Training: Becoming ACEs Aware Certified



Take the training at: training.acesaware.org

- Qualified Medi-Cal providers are eligible for a \$29 payment for qualifying ACE screenings for pediatric and adult patients (up to age 65) with full scope Medi-Cal.
- The training offers 2.0 Continuing Medical Education credit and 2.0 Maintenance of Certification credits upon completion.
- Providers who intend to receive Medi-Cal payment for ACE screenings must complete the training and submit the <u>Training Attestation</u> form.
- Certified clinicians are encouraged to join the <u>ACES</u>
 Aware Clinician Directory.







ACEs Aware Resources

Website:

www.ACEsAware.org

Social Media Channels

- @acesaware
- @acesawareinitiative
- @acesaware
- **ACEs Aware**

Sign up for the monthly newsletter and e-alerts from ACEs Aware









Video Storytelling Series

Website:

 www.acesaware.org/blog/the-acesaware-video-storytelling-series/









Webinar Evaluation

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And let us know your suggestions for future webinar topics.









Thank You

Questions?

Email: questions@AcesAware.org



